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ESC Classification of Cardiomyopathies (morphological)

Cardiomyopathies

Channelopathies /
Inherited arrhythmia syndromes /
Primary electrical heart diseases ...

... are **not** 'cardiomyopathies'.

The heart is (mostly) structurally normal
using routine cardiac imaging techniques.

Fami

Unidentified
gene defect

Genetic

sub-type*

Cardiac Ion Channel Disorders (Primary Electrical Heart Diseases)

Ventricular

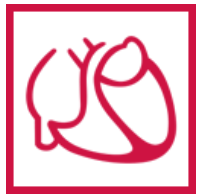
Long-QT syndrome (LQTS)
Short-QT syndrome (SQTS)
Brugada syndrome*
Polymorphic VT/VF (CPVT)
Early Repolarisation (ERS)*

(Idiopathic VF)
(drug-induced LQTS)
(SIDS, SUDS/SADS, drowning/sport victims, ...)

Supraventricular

Sinus node dysfunction*
Atrial fibrillation*
AV block*
RBBB, LBBB, ...*
WPW (+HCM)

*: exclude phenocopies (mimicking conditions),
consider genetics if familial or unexplained/idiopathic case



DGK / DGPK Expert Consensus Statement

Molecular Diagnostics of Cardiovascular Diseases

Arrhythmias



- Long-QT syndrome (LQTS)
- Catecholam. polymorphic VT (CPVT)
- Syndromic: JLNS, Timothy, Andersen **1**

Brugada syndrome (BrS)

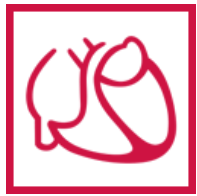
2A

- Diagnostics
- Therapy
- Prognosis

- Others: IVF, early repolarisation, Short-QT (SQTS), drug-induced forms, ... **2B**

SNPs / Polymorphisms

3



DGK / DGPK Expert Consensus Statement

Molecular Diagnostics of Cardiovascular Diseases

Indications for Molecular Diagnostics



Disease: Sensitivity >30%
Gene: Sensitivity >10%

1

Disease: Sensitivity 10-30%
Gene: Sensitivity 1-10%

2A

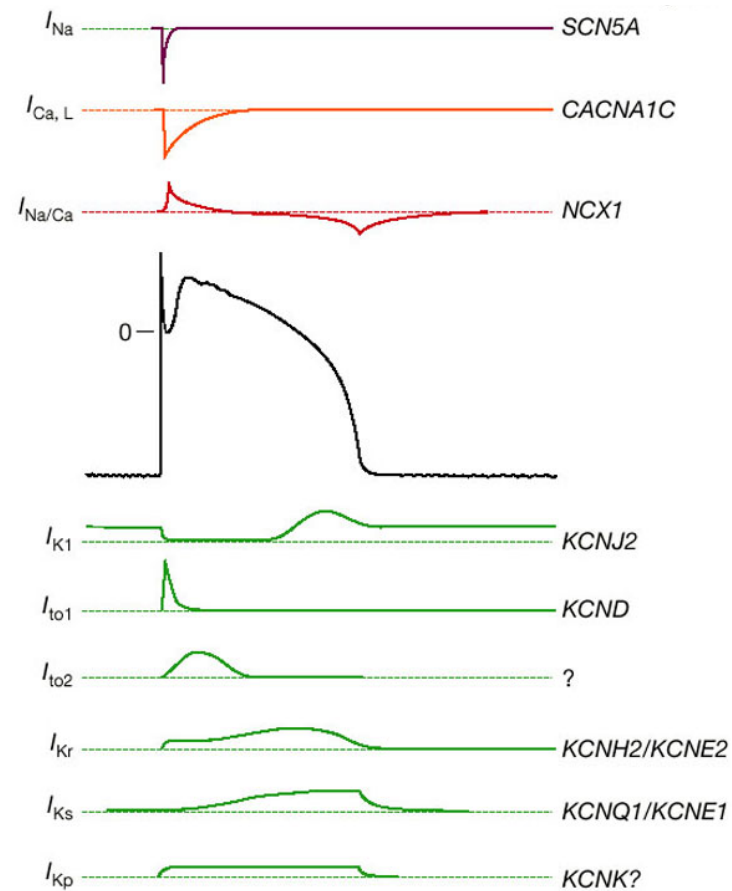
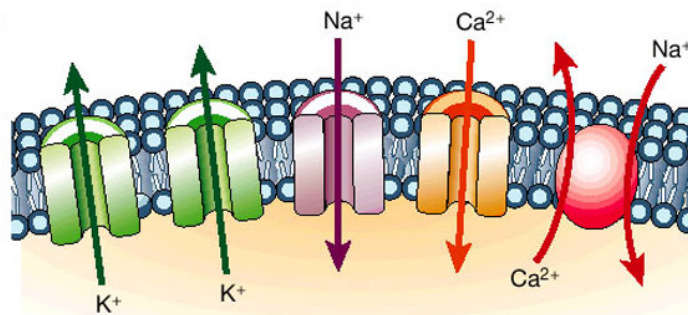
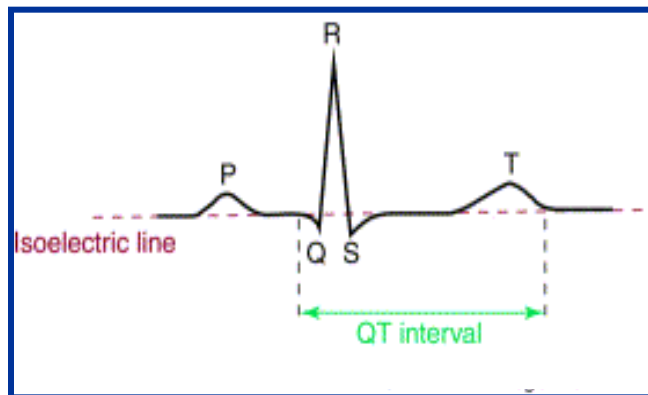
Disease: Sensitivity <10%
Gene: Sensitivity <1%

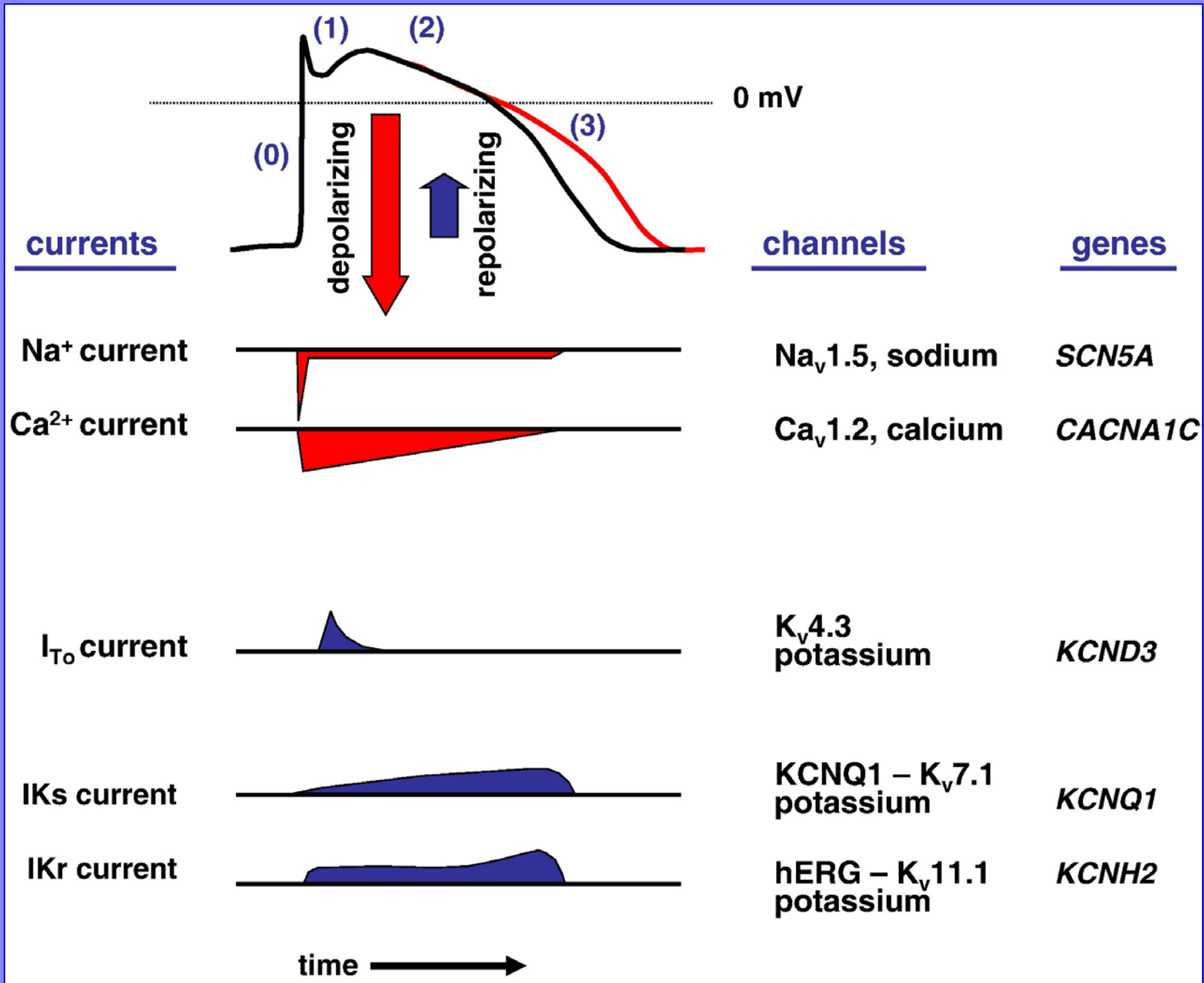
2B

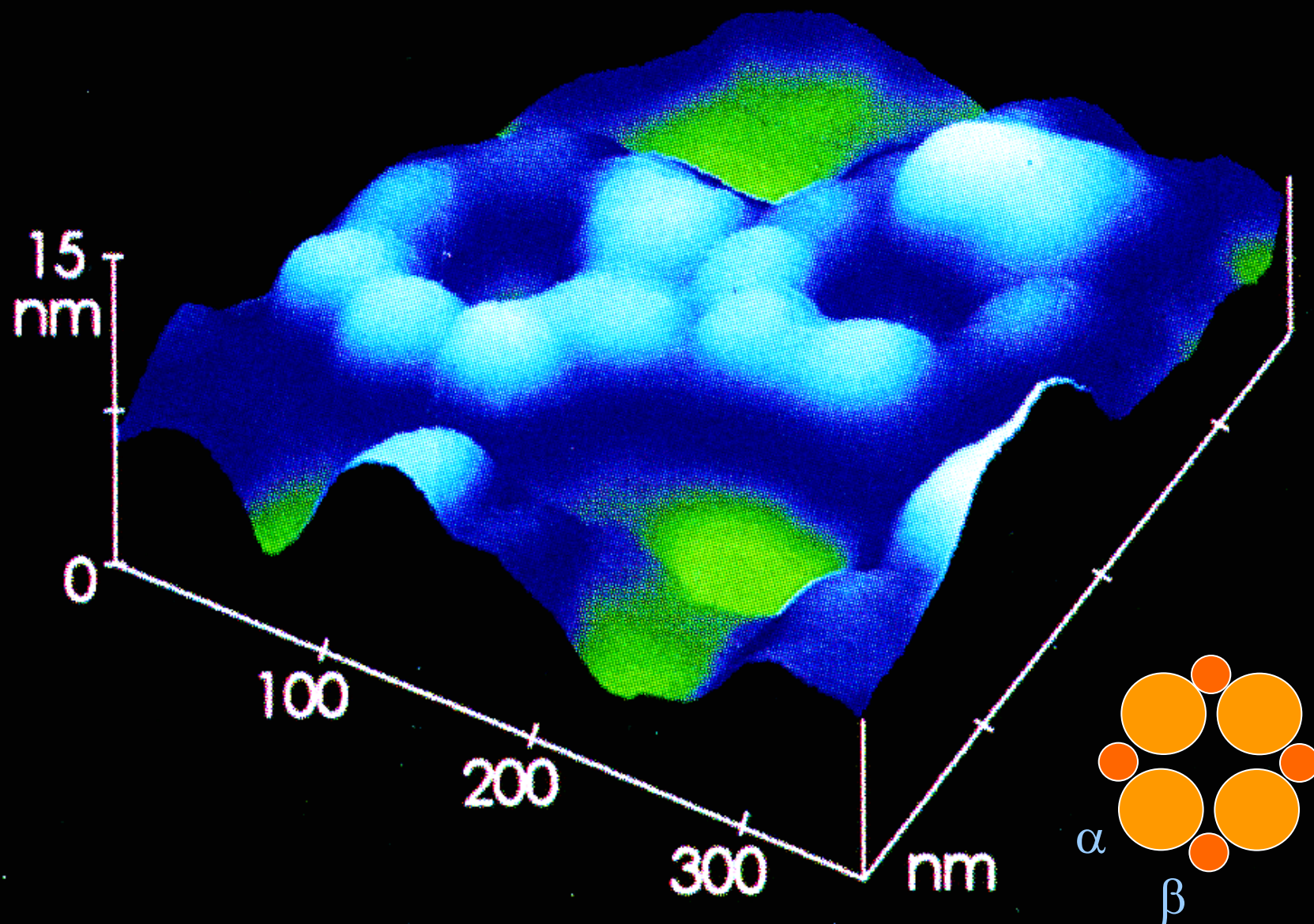
Disease w/o genetic basis
Gene w/o known relation with disease

3

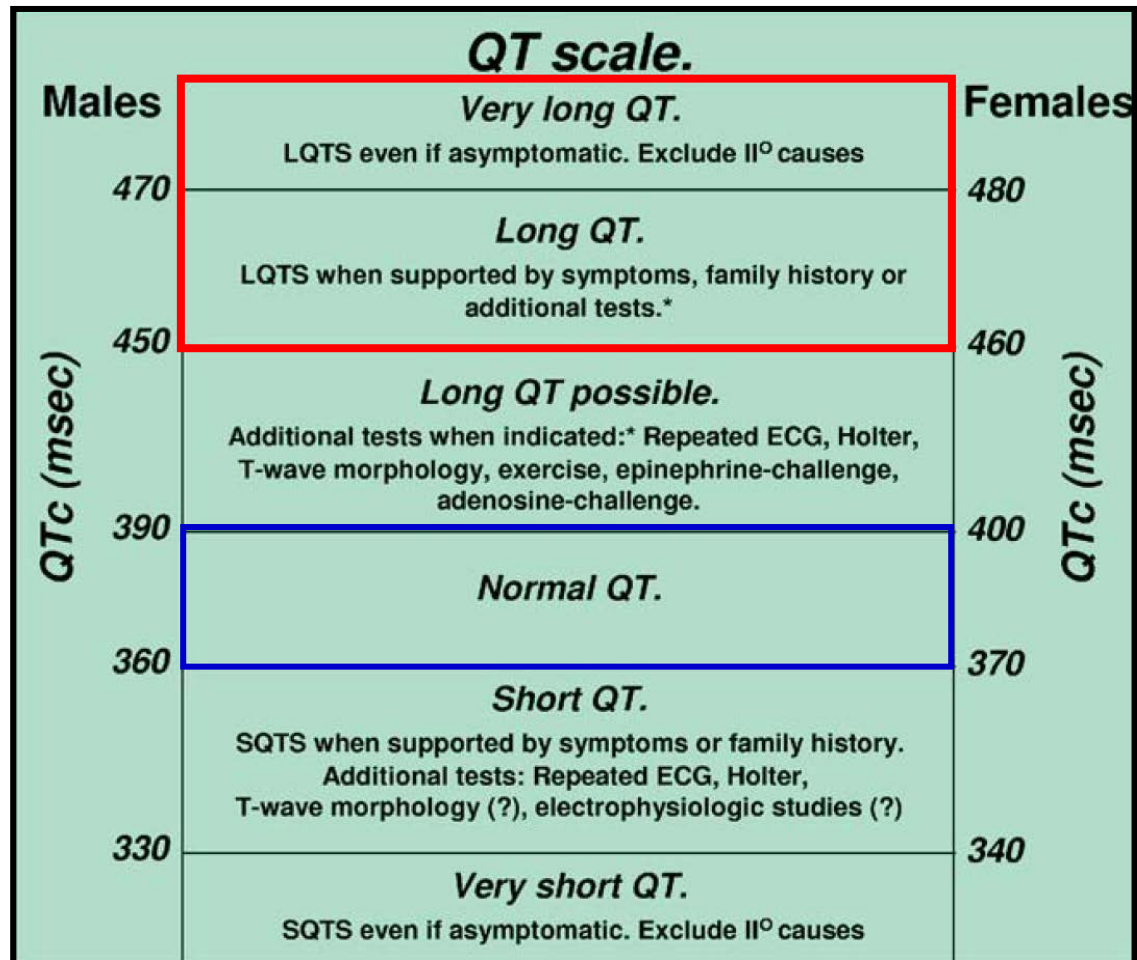
- Diagnostics
- Therapy
- Prognosis

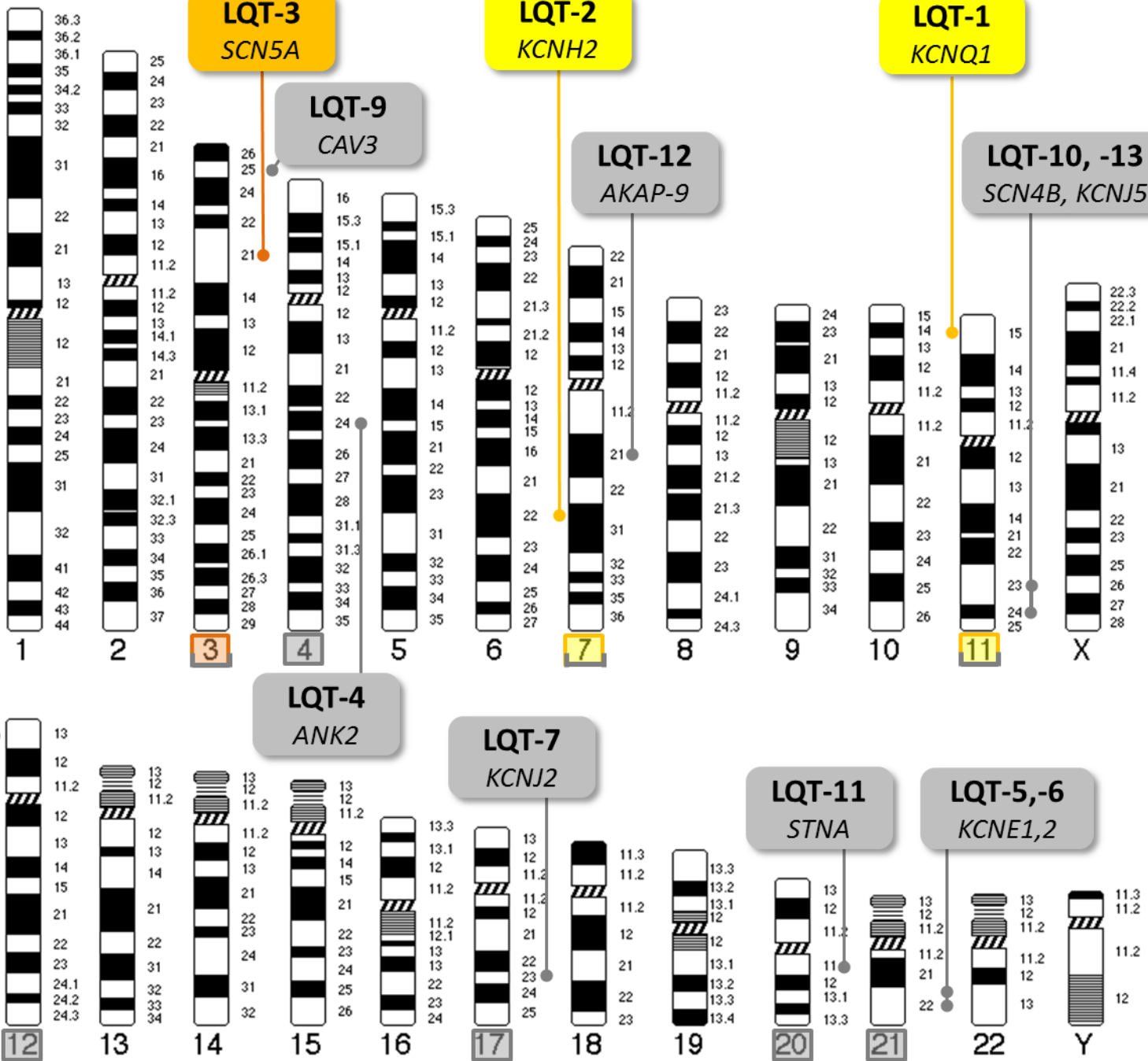






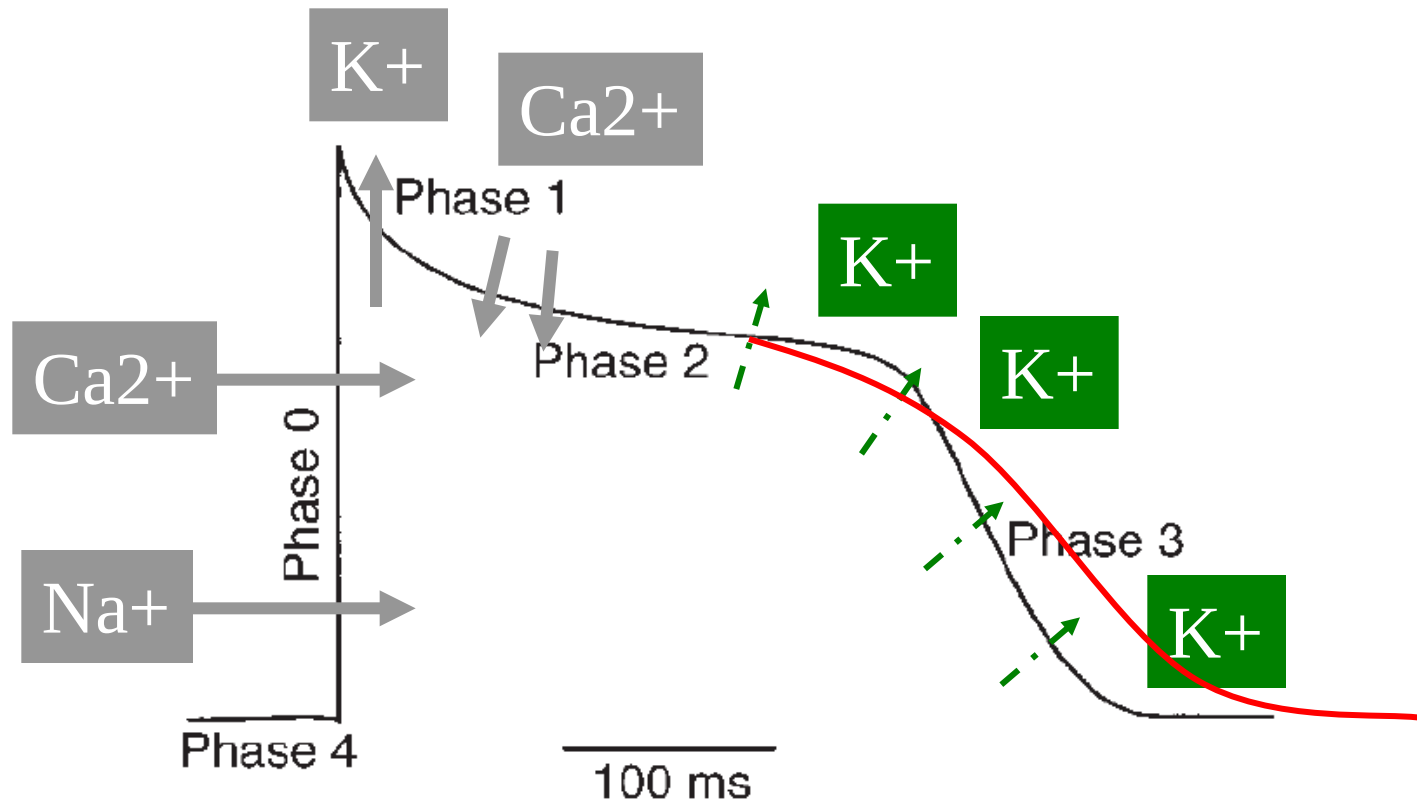
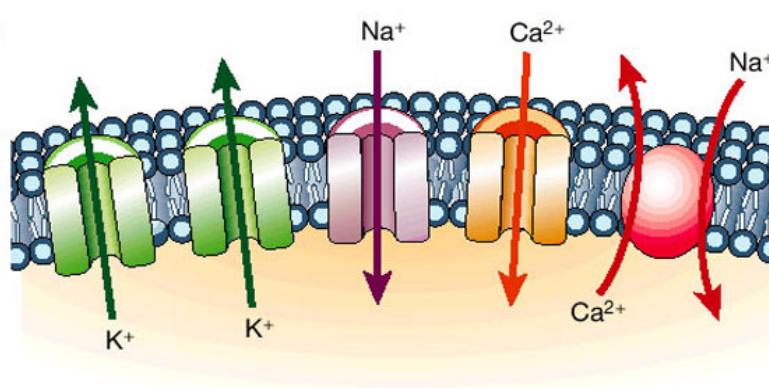
Heart-rate corrected QT Interval (QTc; Bazett's method)





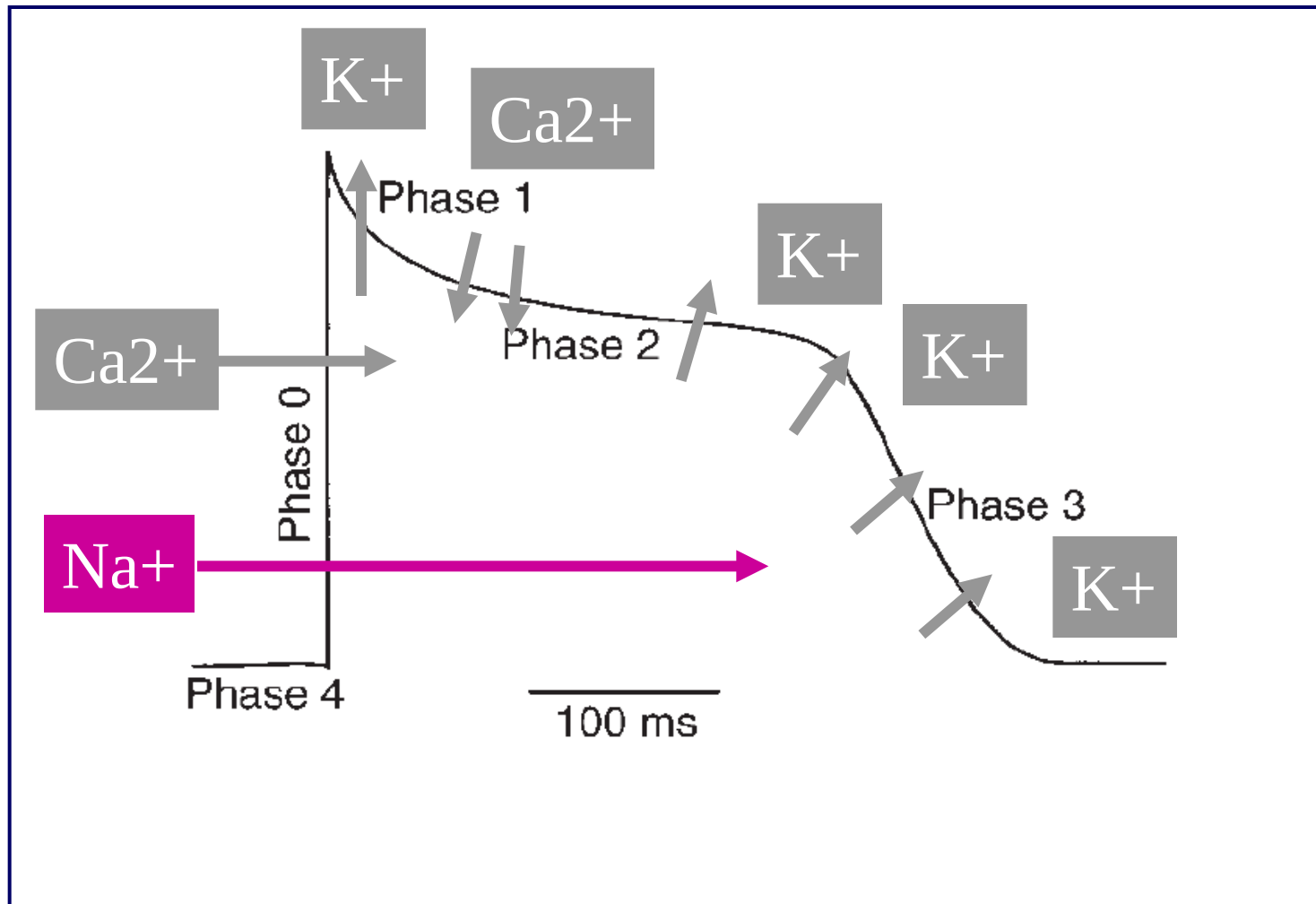
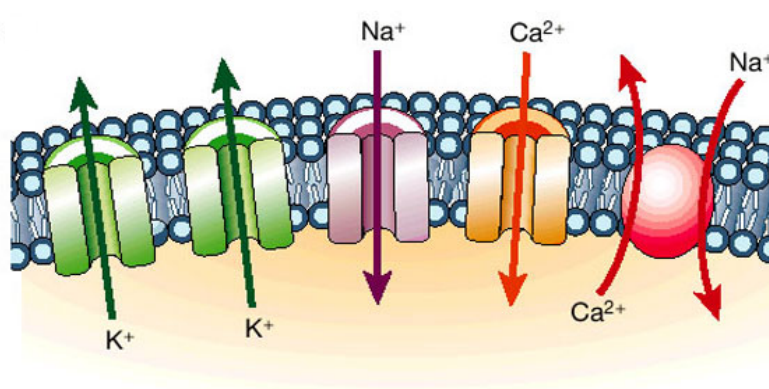
LQTS

K⁺-Channel-Type
(LQT 1,2, 5-7
[Andersen])



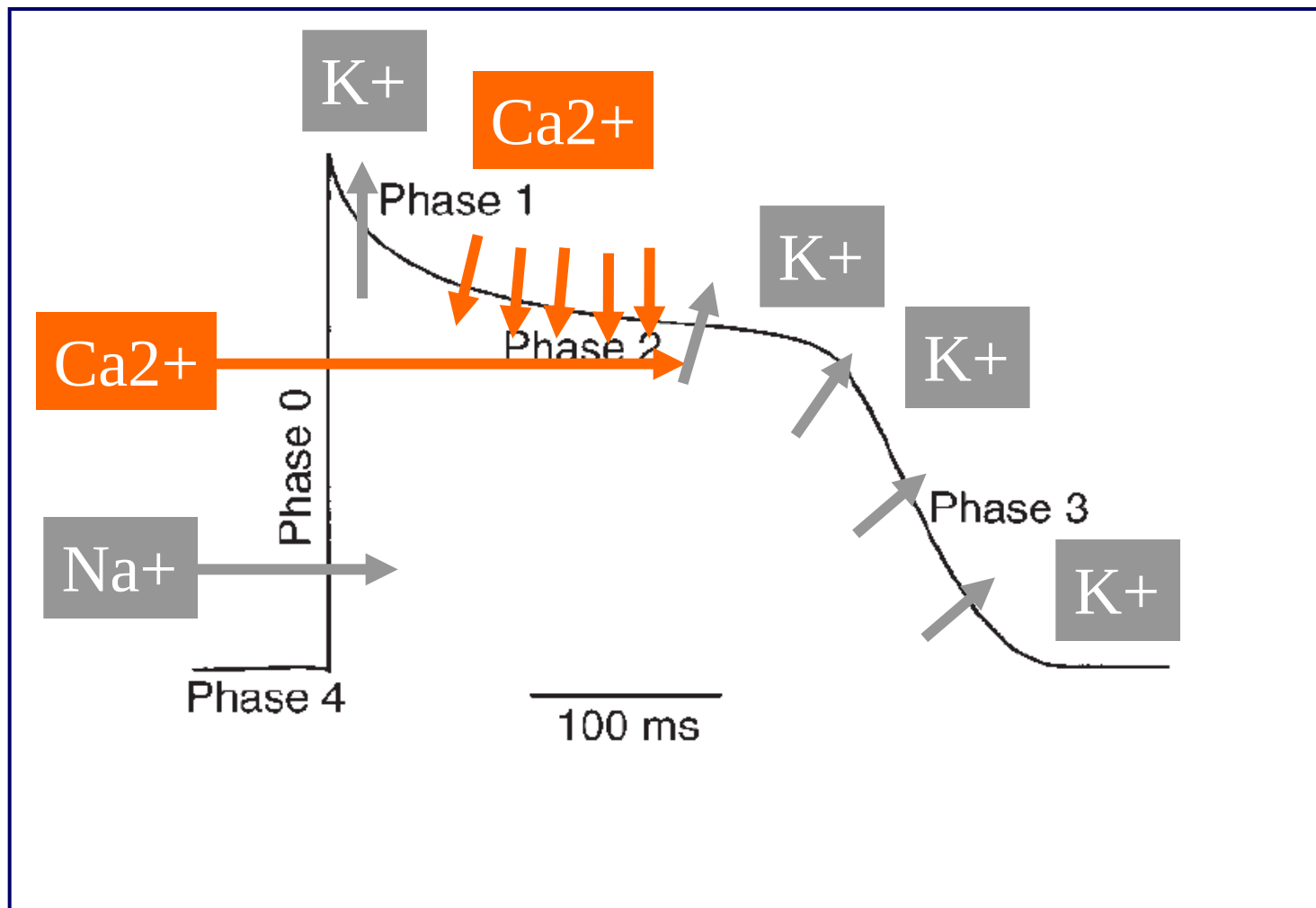
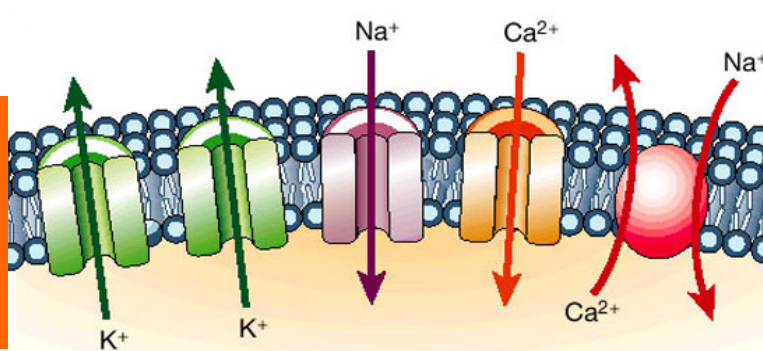
LQTS

Na⁺-Channel-Type
(LQT3, 9, 10)

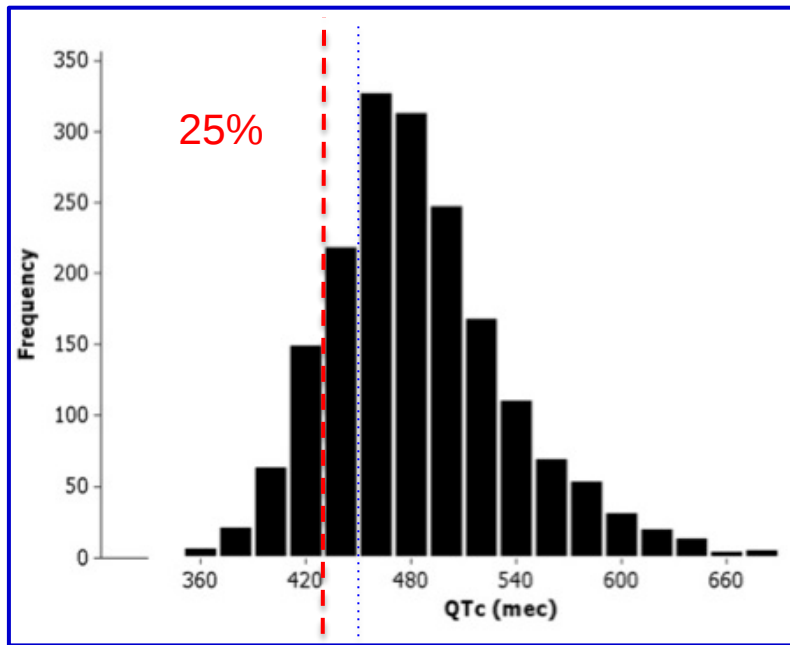


LQTS

Ca²⁺-Channel-Type
(LQT8, Timothy)



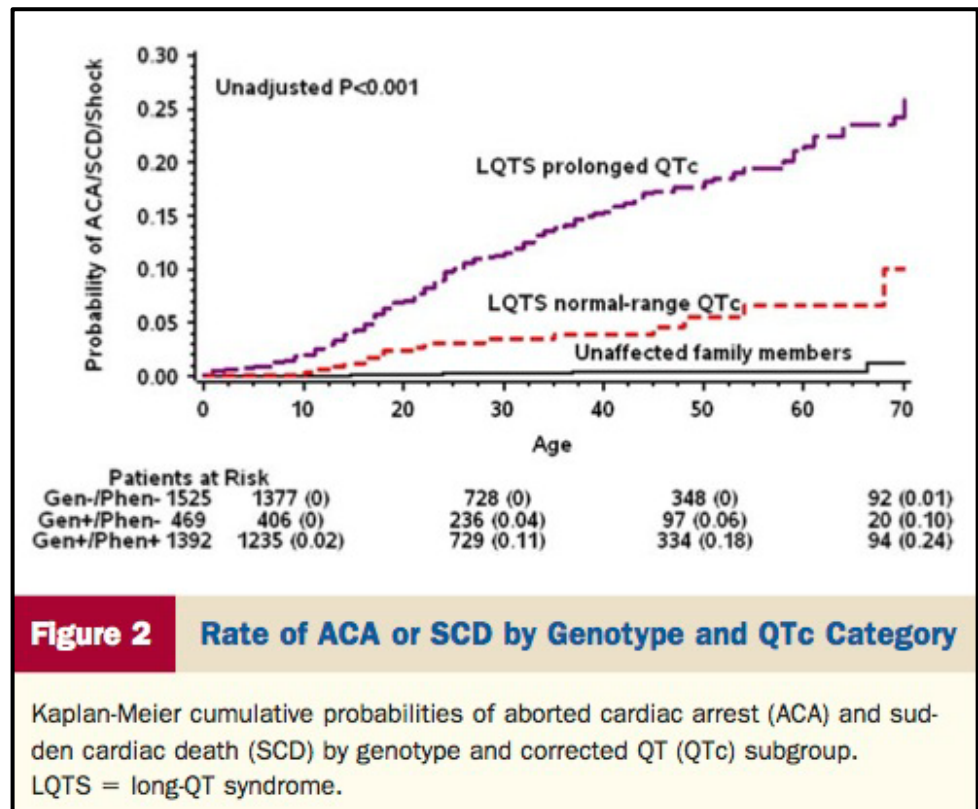
LQTS Genotype (+): Normal baseline QT Interval (at rest)



n=469
419 ± 20 ms

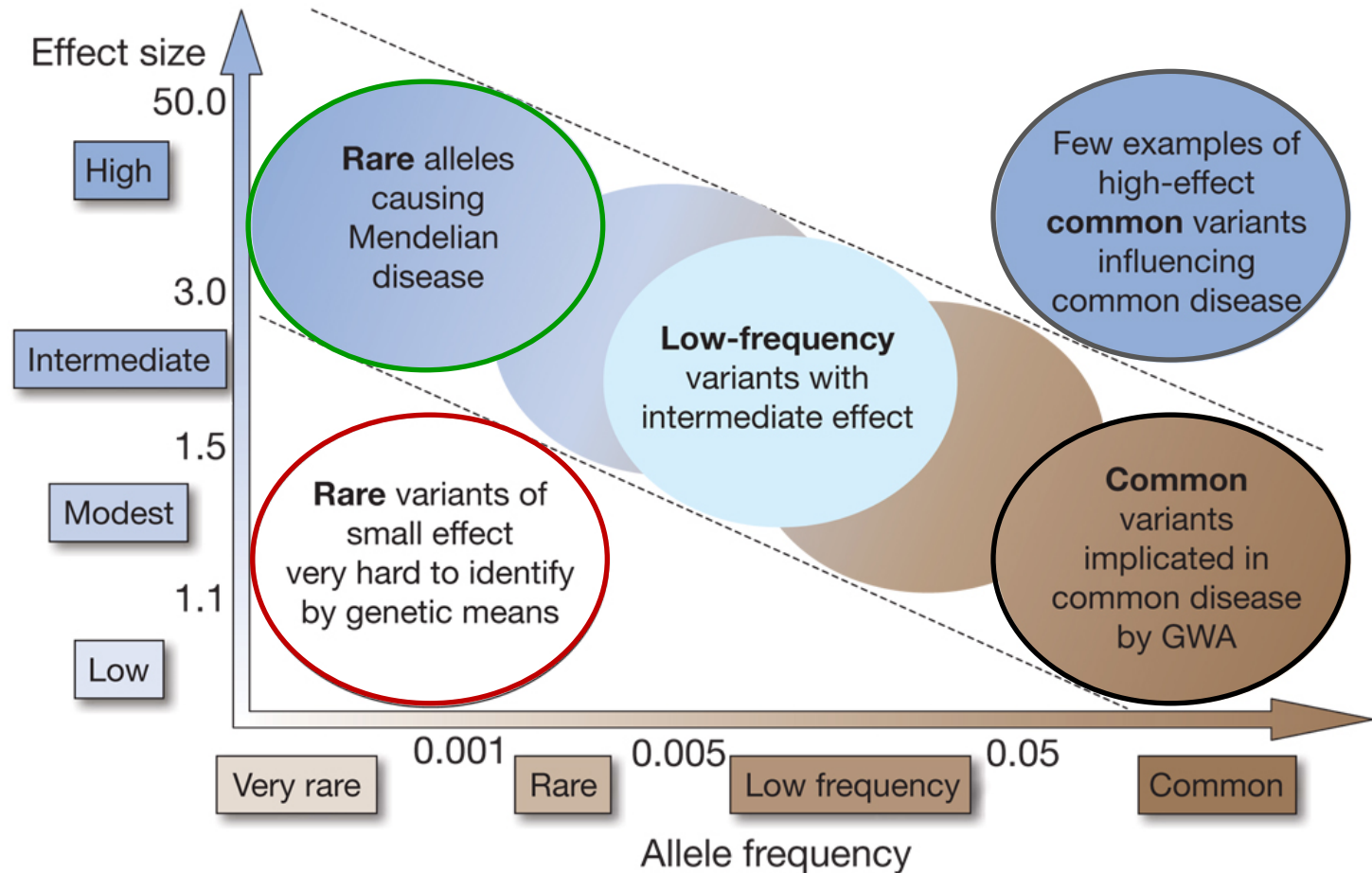
n=1,392
501 ± 48 ms

Non-LQTS:
 n=1,525
412 ± 22 ms



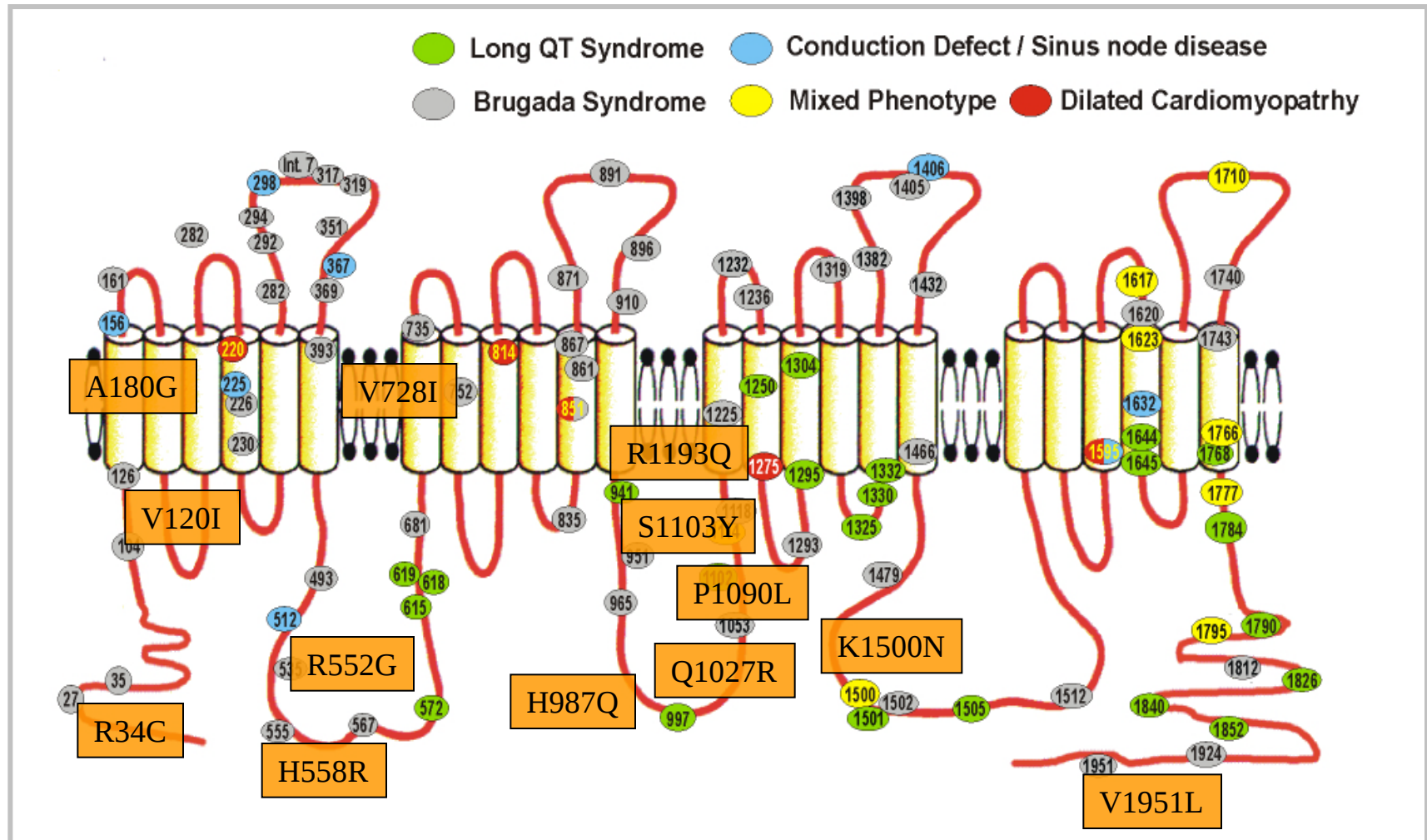
Syncope	40%	21%	(10%)
ACA/SCD	11%	2.3%	(0.8%)

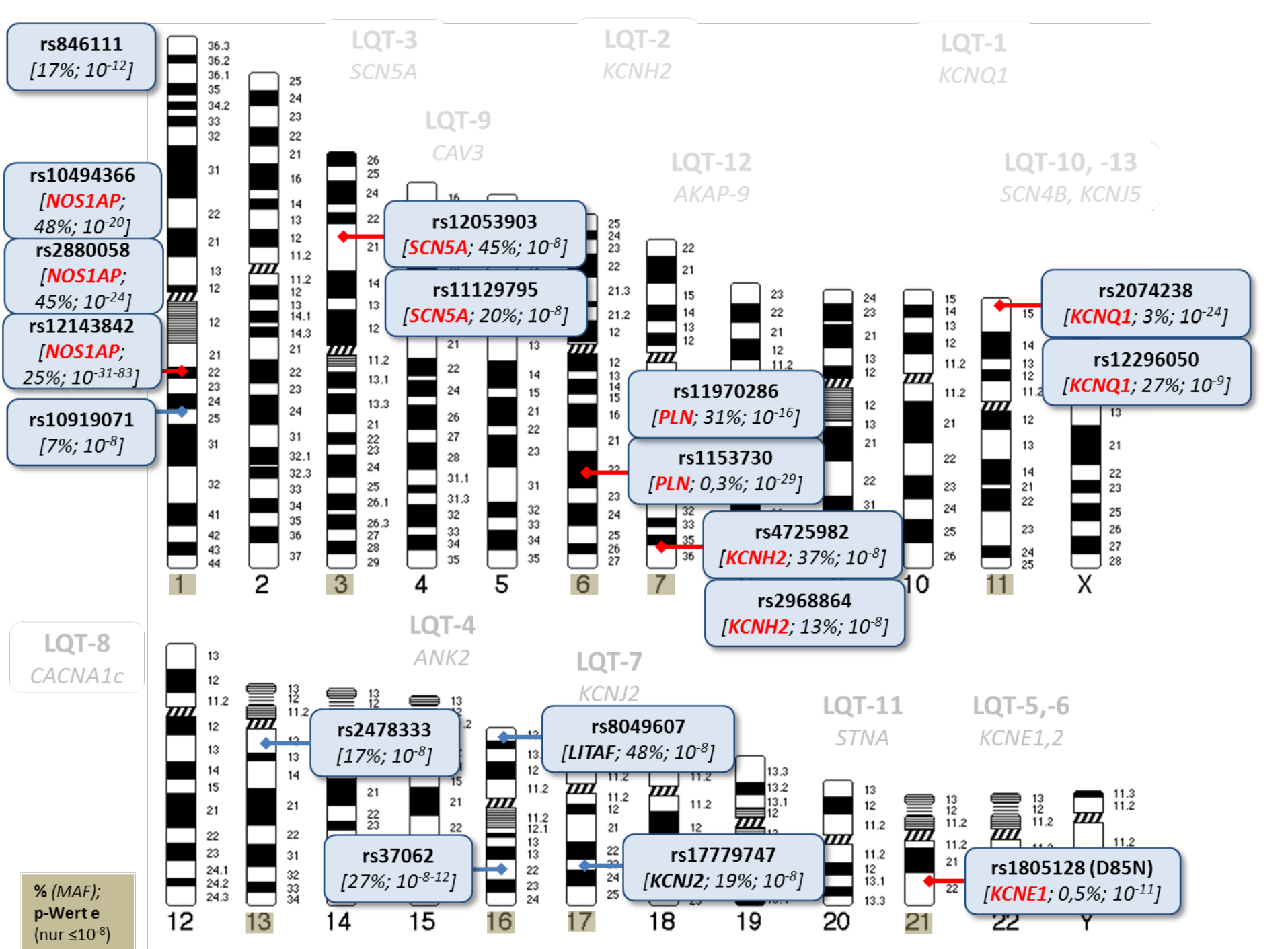
“Finding the missing heritability of complex diseases”



SCN5A Gene Alterations:

Phenotype vs. Common Variation



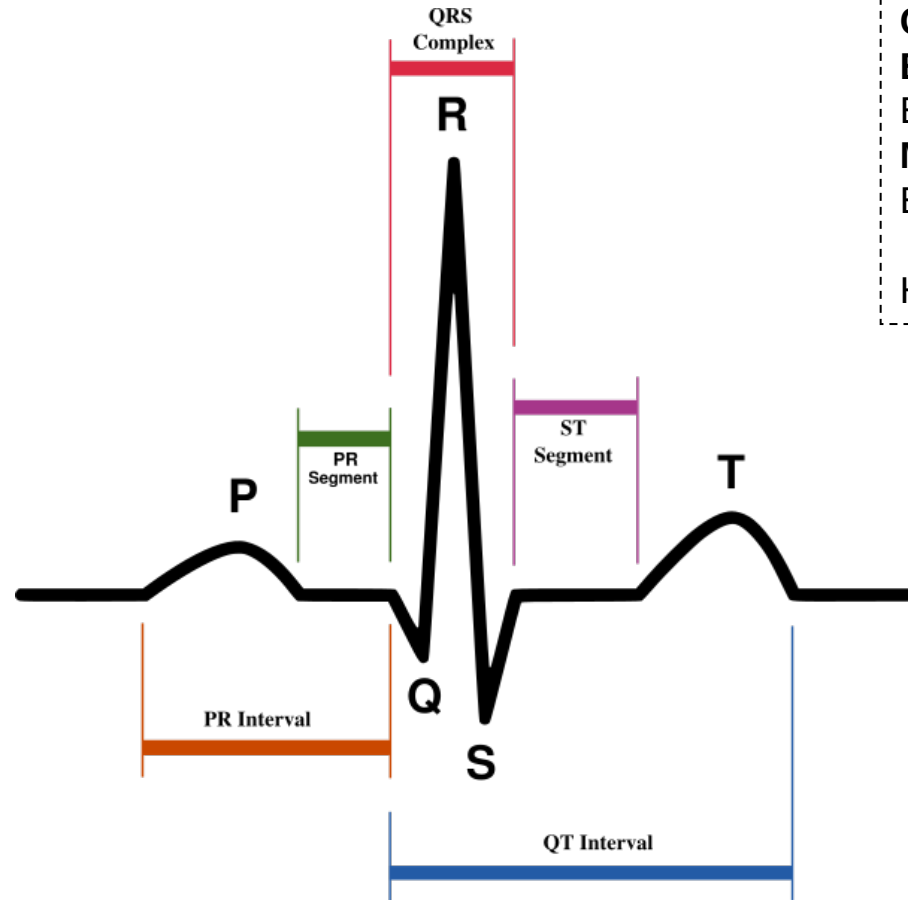


ECG Parameters - Quantitative Traits

(GWAS; H^2 : heritability estimates)

TBX5, SCN10A
6p21, 10q21
Effect: 5-7%

H^2 : 0-36%



**CYP2D6 *4/*4 PMs +
Betablocker treatment:**

Effect HR -8.5/min

MYH6

Effect 5.7% of HR

H^2 : 29-77%

SCN10A, SCN5A
CAV1-CAV2, NKX2-5,
SOX5, WNT11, MEIS1,
TBX5, -3
Effect: 1-3 ms
SCN10A
Effect: 1-3 ms

H^2 : ~34%

NOSAP1-rs10494366,
NOSAP1-rs2880058

Effect: 3-7 ms

ANK-B (LQT4)

2-3 ms

KCNE1_D85N (LQT5)

Effect: ~10 ms

KCNH2 K897T (LQT2)

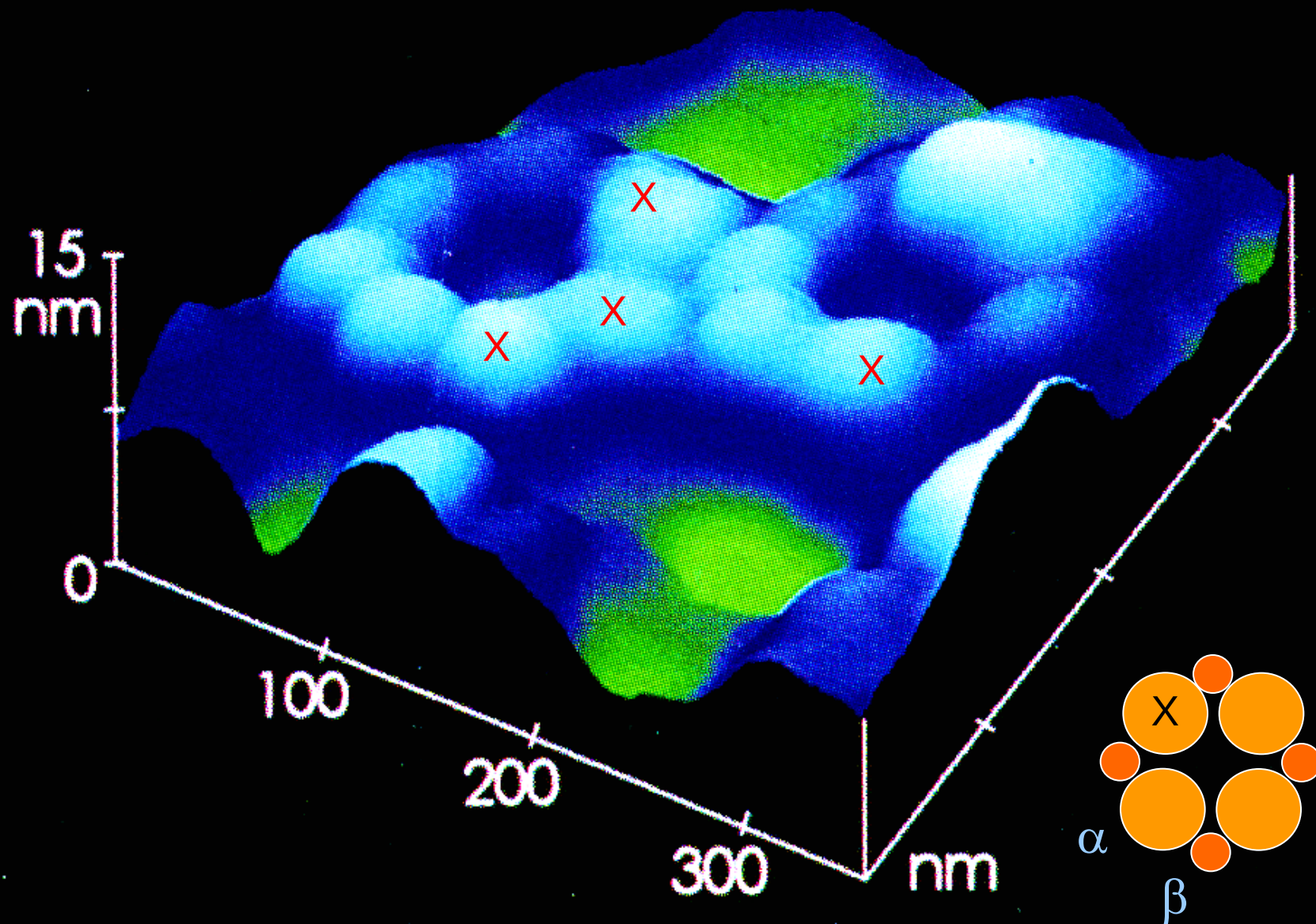
Effect: 3-4 ms

<1% of variance explained

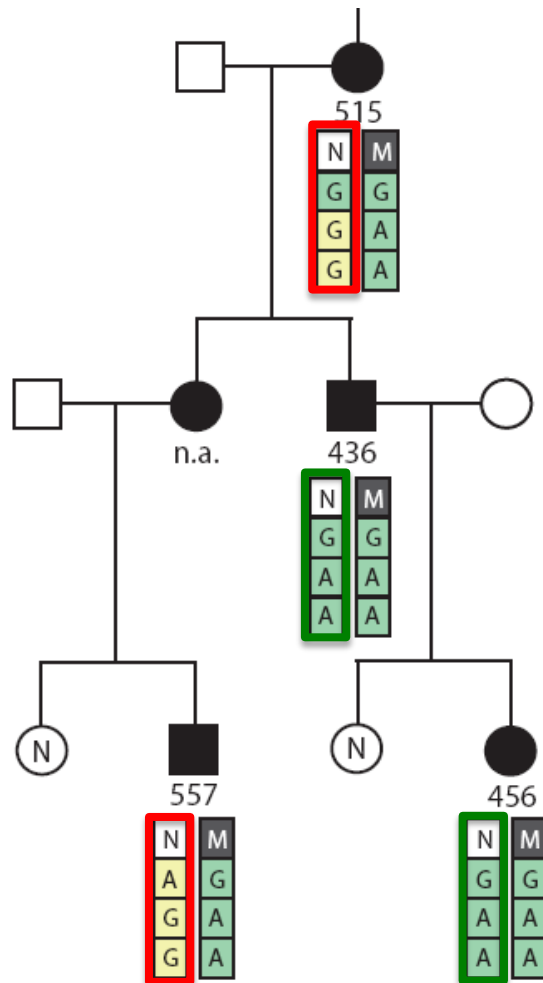
H^2 : 29-77%

KCNH2 K897T

0.84/0.16	Fins ($n=415$)	<i>Rattus norvegicus</i> (c)	897T: female carriers had $\uparrow$ repolarization parameters; no isoform-associated effect in males
0.76/0.24	Caucasians ($n=1030$)	<i>Mus musculus</i> (c) <i>Oryctolagus cuniculus</i> (c) <i>Canis familiaris</i> (nc, R)	897T: $\uparrow$ current activation (-7mV shift) and deactivation (HEK 293), $\uparrow I_{Kr}$ current.
#	Twins ($n=236$)		897T carriers ($n=58$) had a shorter QT interval than 897K carriers (females > males, twins: males > females)
	aLQTS ($n=1$)		897T: I_{Kr} currents comparable with wild-type ($\pm$ MirP) (Xenopus oocytes)
#	LQT1-Fins ($n=261$)		897T: no gender-related differences in baseline QTc, but increased QTc during exercise.
			897T: I_{Kr} channel activation comparable with wild type, reduced protein level (Western), $\downarrow$ deactivation and inactivation, hyperpolarizing shift in steady-state inactivation, decrease of I_{Kr} (HEK 293)
0.87/0.13	US citizens ($n=90$)		Allele frequencies: aLQTS ($n=98$) $\sim$ controls
#	LQT1-Fins ($n=261$)		897T: changes in I_{Kr} channel kinetics, PKA modulation similar to wild-type: $\downarrow I_{Kr}$ current density, $\downarrow$ deactivation time constants, $\downarrow$ inactivation (HEK 293). LQT1 (589D)+ 897T carriers ($n=39$) had a longer QT interval than 897K carriers.
§	Different ethnic populations		Heterozygous genotype: 8.2% US-Blacks ($n=305$ total), 33.1% US-Caucasians ($n=187$), 7.5% US-Asians ($n=134$), 6.8% Hispanics ($n=118$)
0.98/0.02	Japanese ($n=50$)		n.d.
0.84/0.16	Caucasians ($n=100$)		n.d.
0.76/0.24	US-Caucasians ($n=100$)		897T: $\downarrow I_{Kr}$ current density, -5mV shift of activation, $\uparrow$ inactivation and recovery; normal protein levels (Western)
0.96/0.04	African Americans ($n=100$)		(HEK 293)



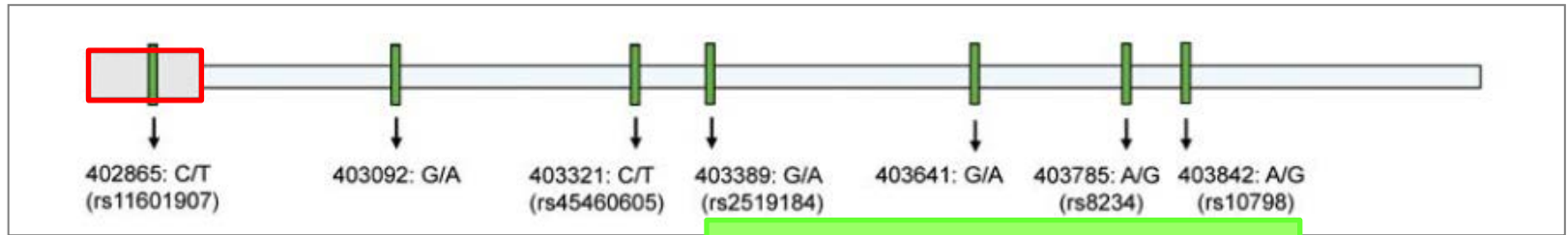
Disease Severity: Balancing the Protein between Normal and Mutant ?!



- Concept of 'Genomic Convergence'
- Disease expression of a (mutant) haplotype **M*-G-A-A** depends on the second allele
- Wild-type N-**x-x-x** haplotype might have a different, intrinsic allele expression

(adapted from Amin et al., EHJ 2012)

Evidence of Polymorphic Sites within the 3'-UTR of LQT-1 (*KCNQ1*)

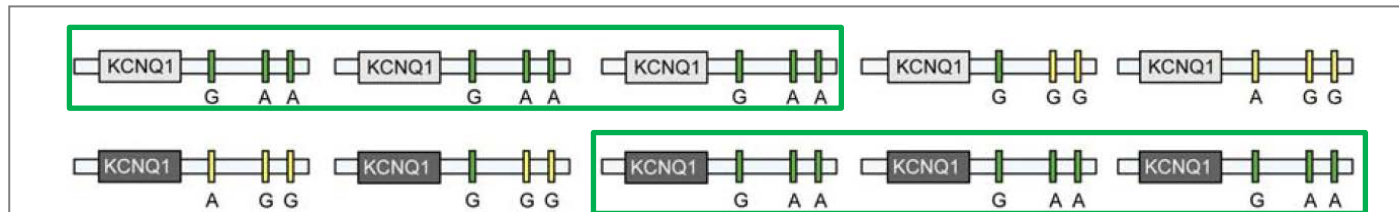


◀ ... *KCNQ1*

Ancestral haplotype:

G

A A



QTc
N

430
26

440
1

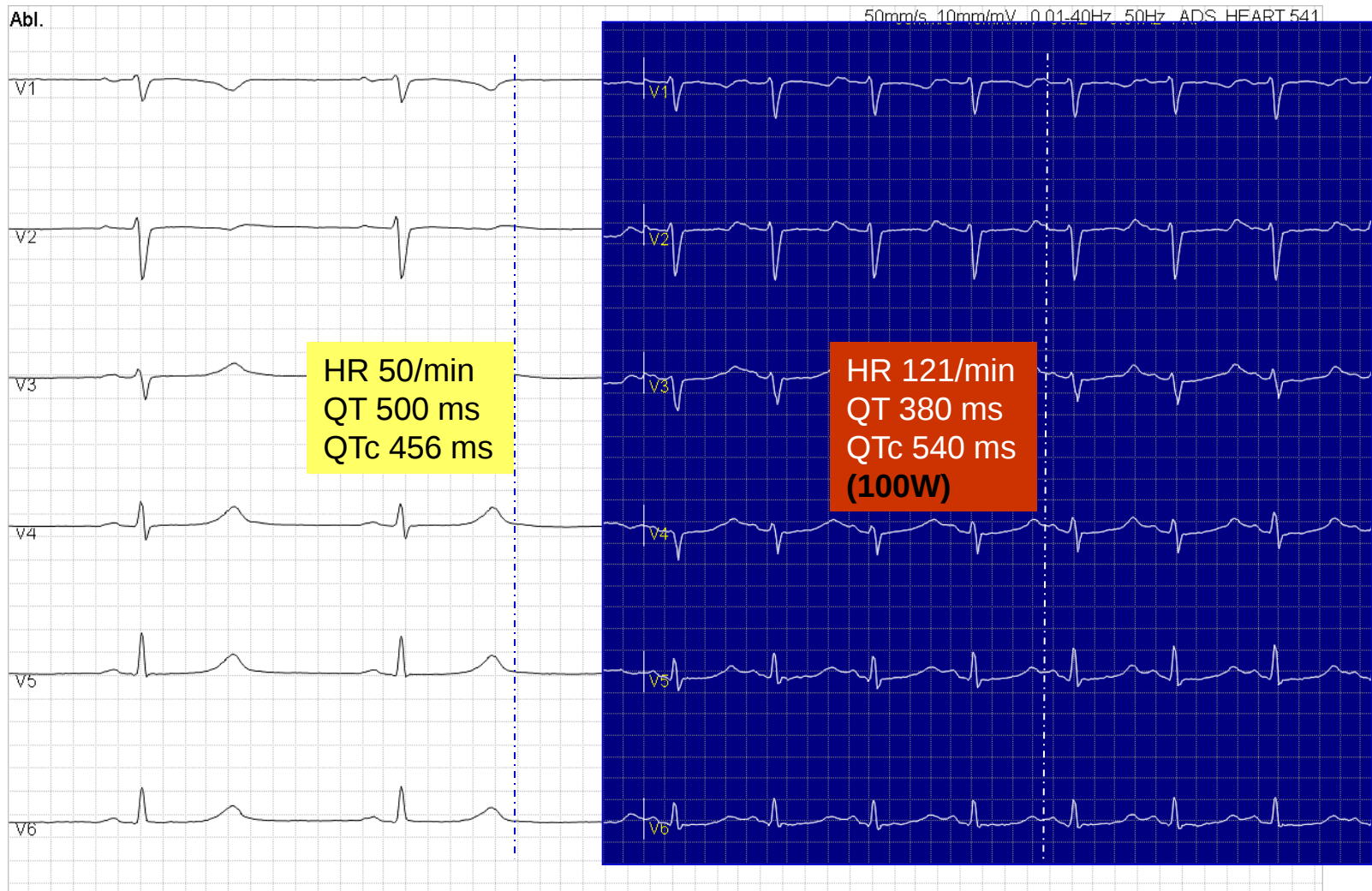
450
31

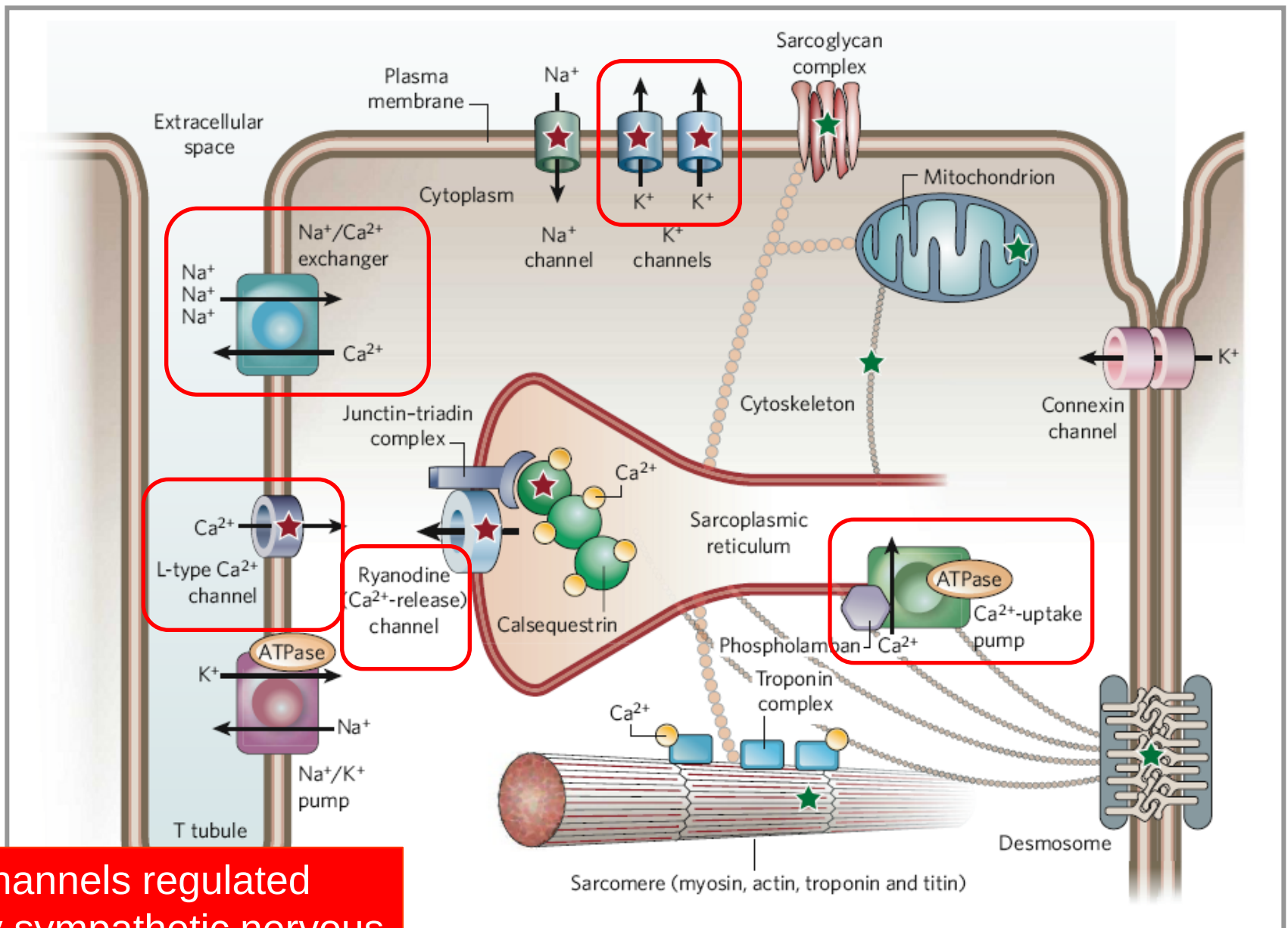
470
17

520
3

ECG of a young female

“Asymptomatic“, National Team Player (Basketball)

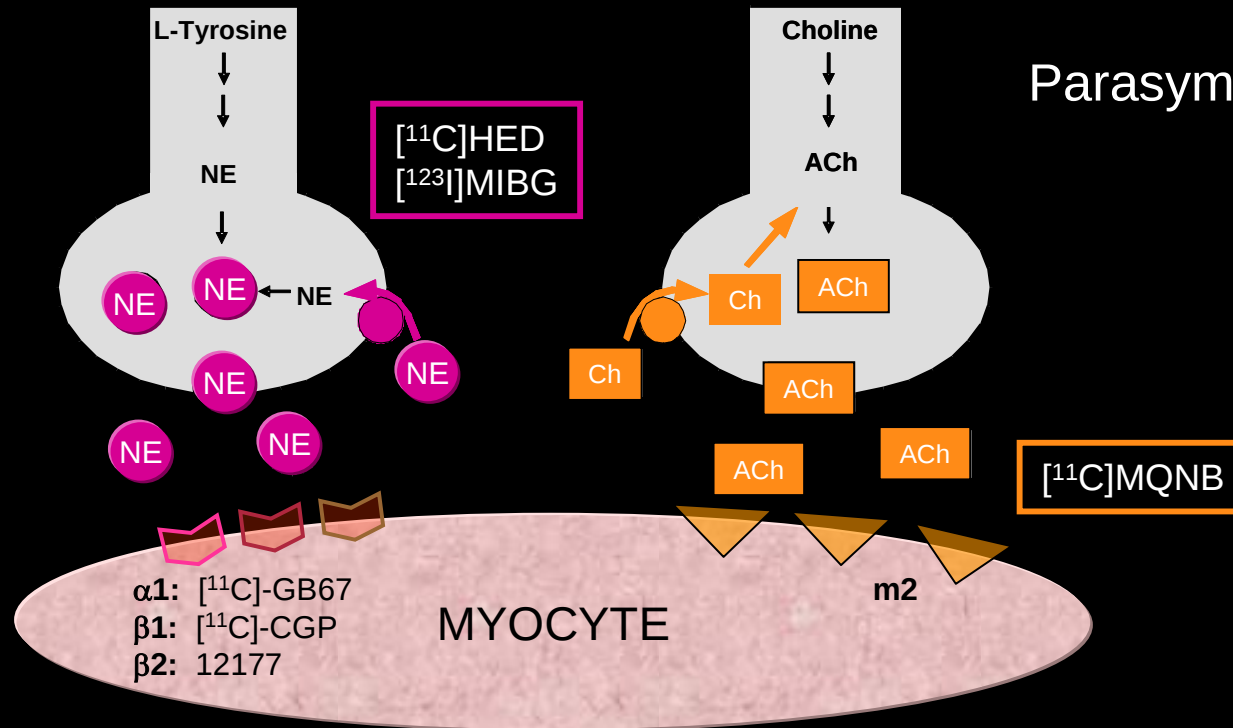




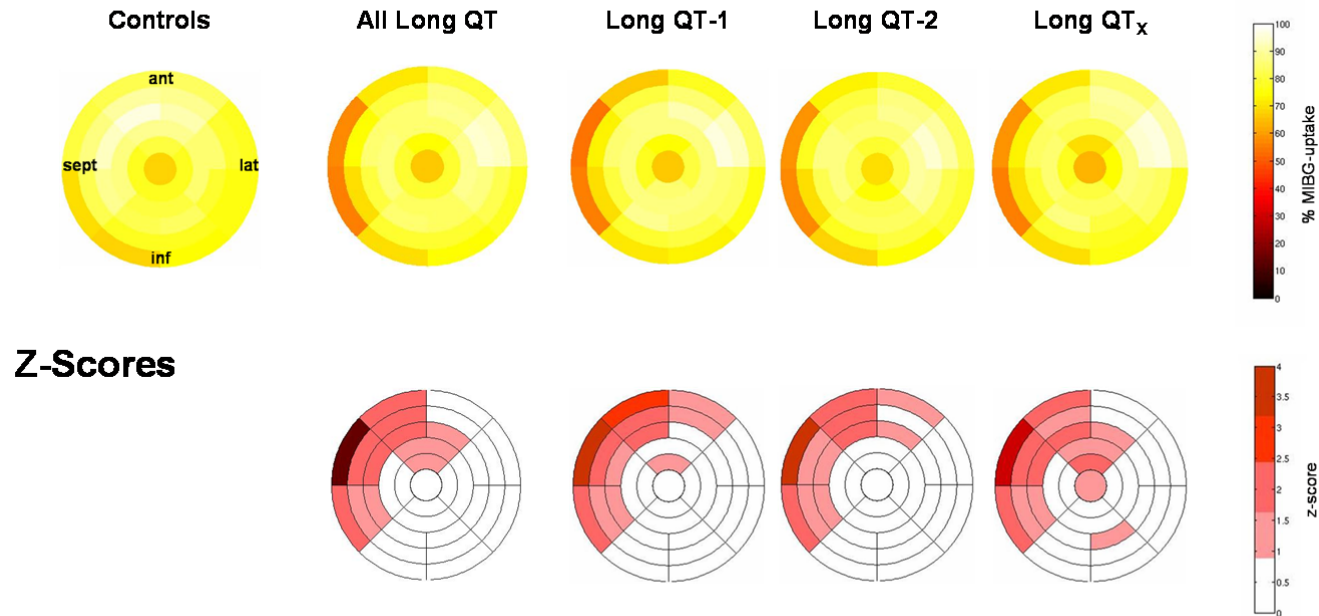
Channels regulated
by sympathetic nervous
system (cAMP)

Imaging of Myocardial Innervation Radioactive Tracer Activity

Sympathetic
System



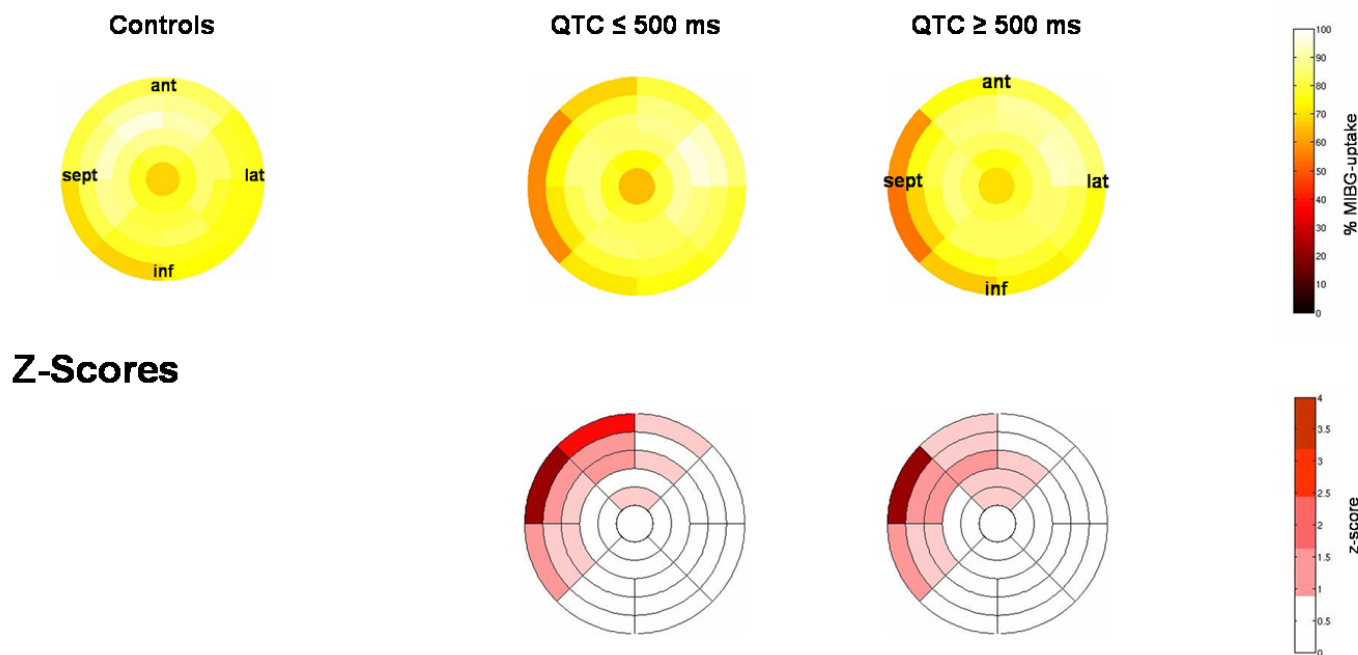
Sympathetic cardiac innervation: 28 symptomatic LQTS pts. (MIBG-SPECT)



	Controls	All Long QT	Long QT-1	Long QT-2	Long QT _x
N:	10	28	7	12	9
QTc (ms)		501 _± 69	481 _± 69	508 _± 81	508 _± 54

Abnormal MIBG:	17	5	7	5
Segm. with tracer ↓:		5	6	4

MIBG-SPECT and QT Prolongation: 28 symptomatic LQTS pts.



N:	28	18	10
QTc (ms)	501_±69	468	543
Syncope/VF	18/10	7/0	5/7

Abnormal MIBG: 17 (61%) 10 (56%) 7 (70%)

Therapy LQTS

- Depends on symptoms and QTc duration
 - (i) BB
 - (ii) BB and ICD, if BB is not tolerated
or QTc $\uparrow\uparrow\uparrow$
or symptoms during BB
 - (iii) ICD for secondary prophylaxis (or class IIB)
 - (iv) class IB antiarrhythmics for LQT3
- Avoid QT-prolonging agents, serum $\downarrow$ K⁺
- Avoid genotype-specific triggers, modify life style to genotype

Strategies to Restore Ion Channel Dysfunction

Class 1

Abnormal protein synthesis (altered transcription or translation)

Class 2

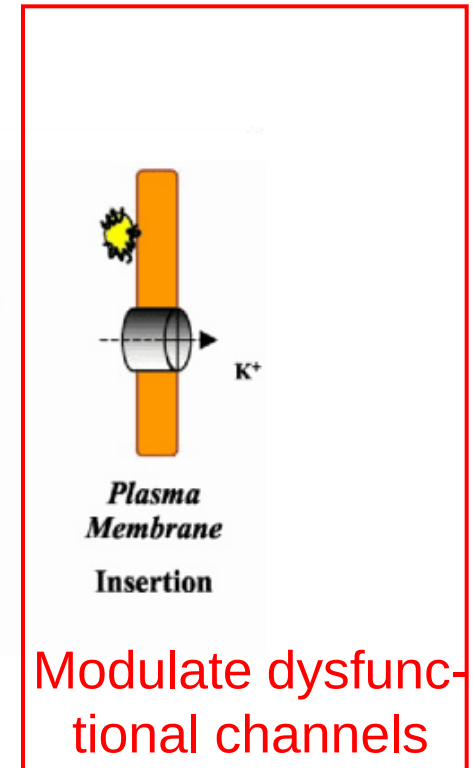
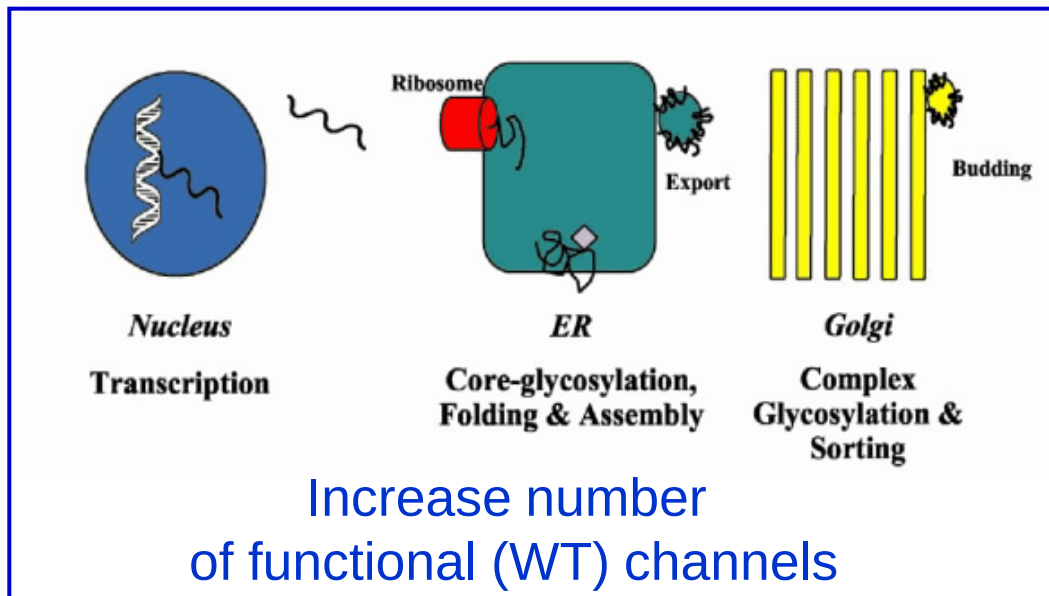
Defective protein processing/trafficking.

Class 3

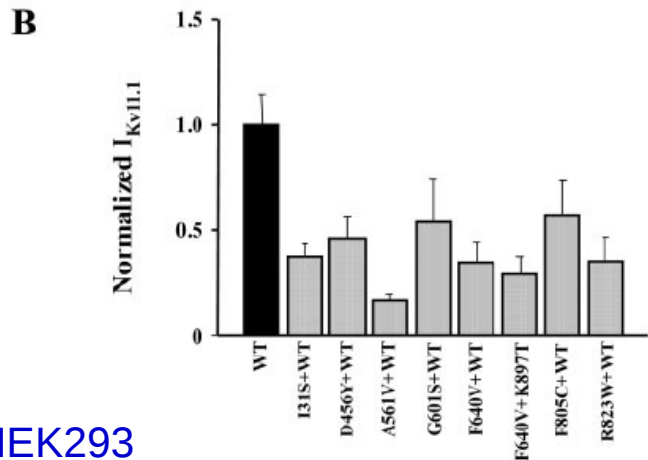
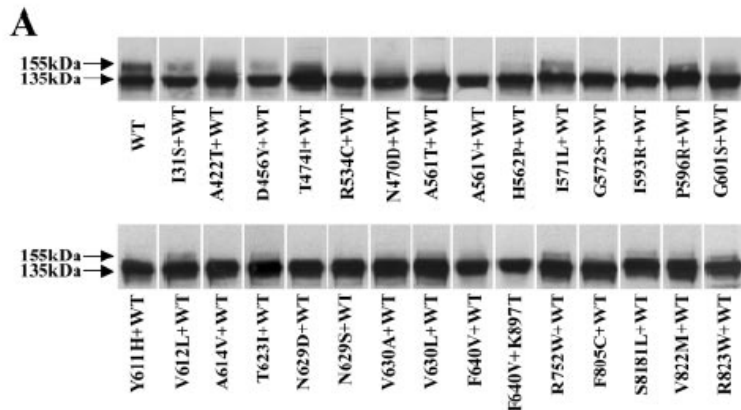
Abnormal gating/kinetics

Class 4

Altered or no permeability

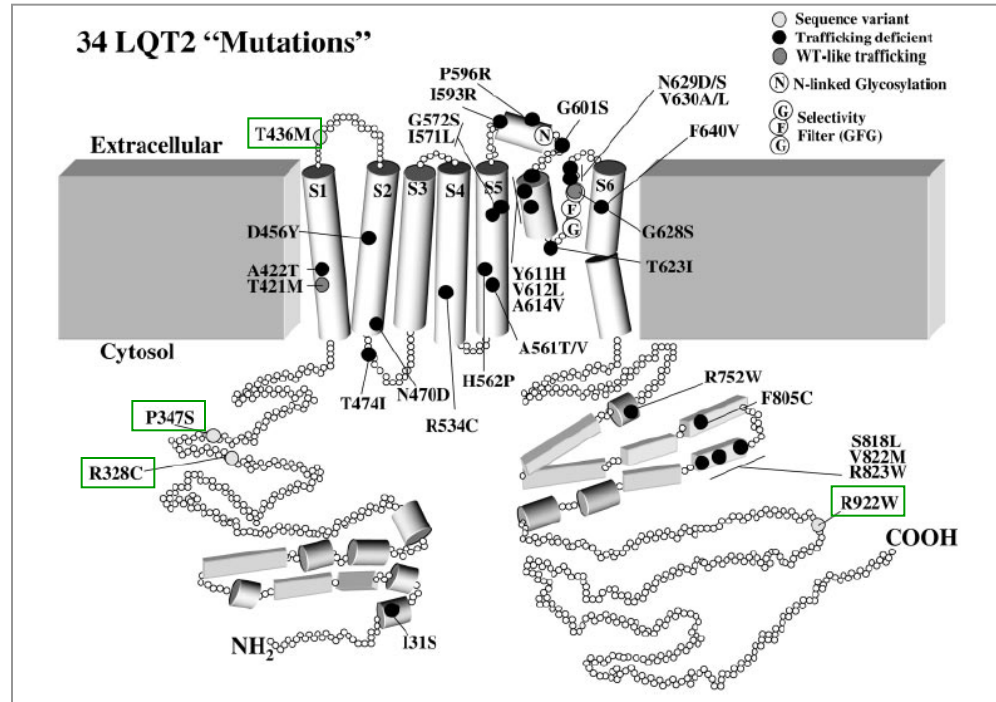


Loss of Functional HERG Channels: Key Mechanism for LQT-2 (I_{Kr} ↓)



HEK293

155 kDa: Mature HERG protein
135 kDa: Immature HERG protein



28/34 Missense mutations were trafficking-deficient" (Western blot: 135 kDa)

4/6 Missense mutations (R328C, P347S, T436M, R922W) had wild-type like I_{Kr}

Ranolazine Effects on Ventricular Repolarisation (rabbit hearts, in vivo)

Table 1 Summary of ranolazine potency in inhibiting cardiac ion channel currents in canine left ventricular myocytes

Ion currents	IC ₅₀ values (μM)
A. Inward	
Peak I _{Na}	294
Late I _{Na}	5.9
Peak I _{Ca,L}	296
I _{Na-Ca}	91
B. Outward	
I _{Kr}	11.5
I _{Ks}	17% at 30 μM
I _{K1}	No effect
I _{To}	No effect

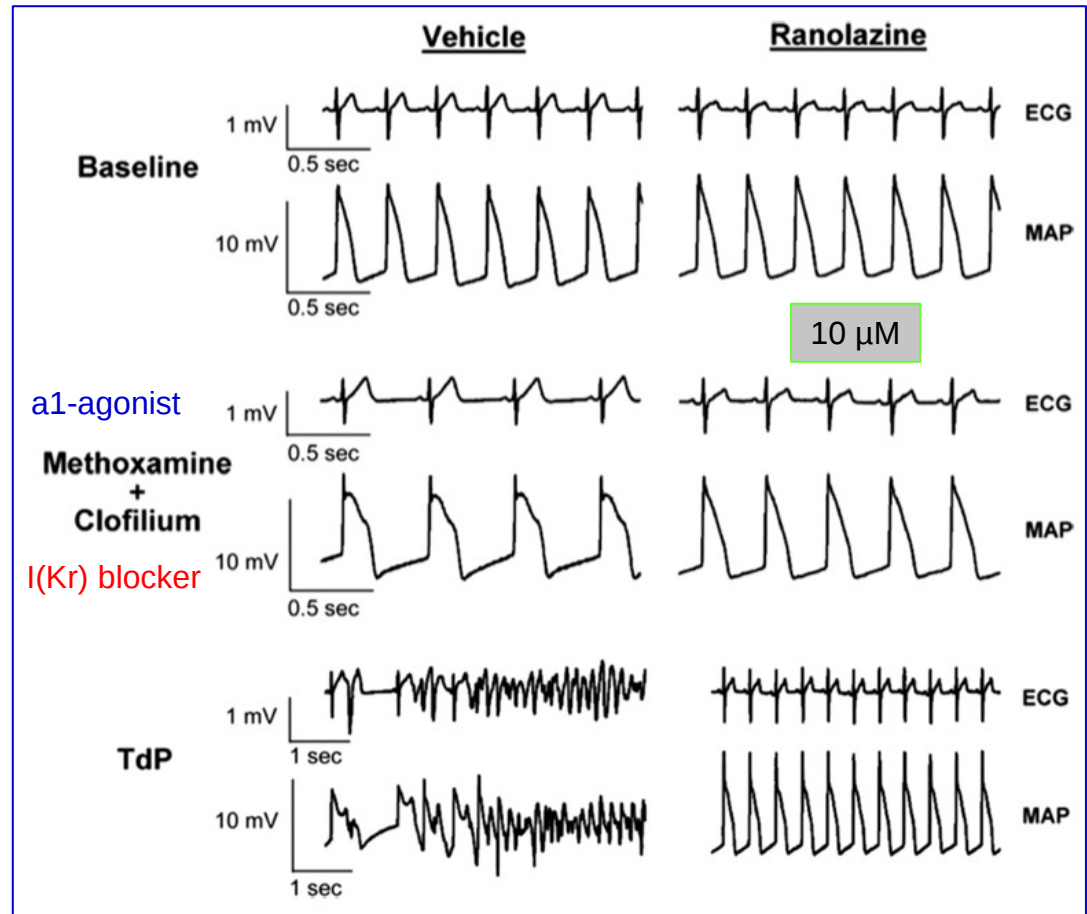
All data from Antzelevitch et al.¹ except peak I_{Na}, which is from Undrovinas et al.³

Note: The magnitude of effect of ranolazine on peak and late I_{Na} is voltage, frequency, and tissue dependent (see text for details).

IC₅₀ = concentration of ranolazine that causes 50% inhibition (potency).

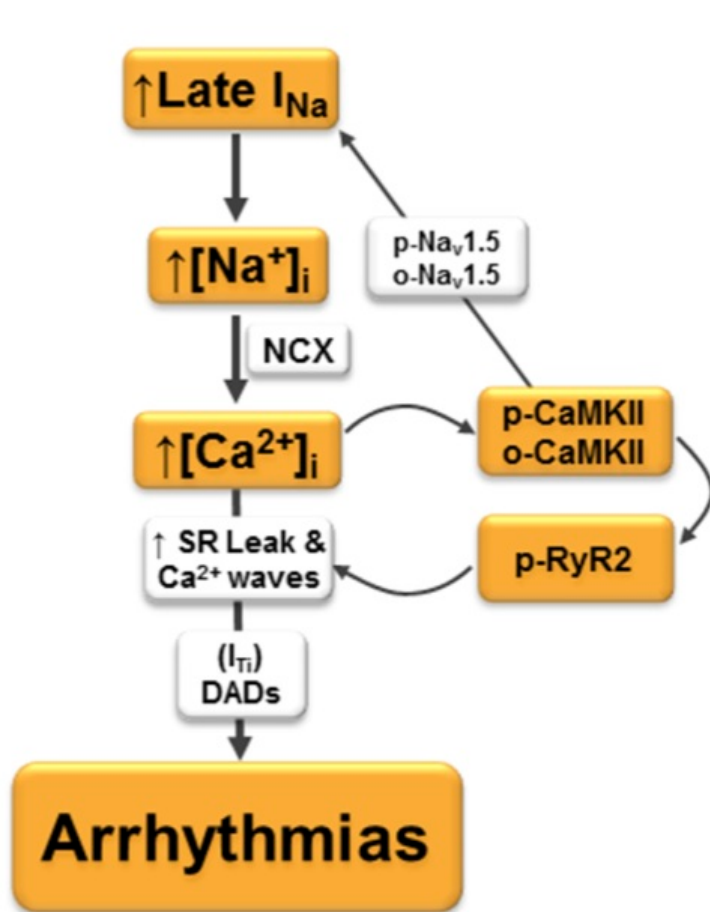
Reduction of

- APD and TDR in M and Purkinje cells (lower HR) at the ventricular level

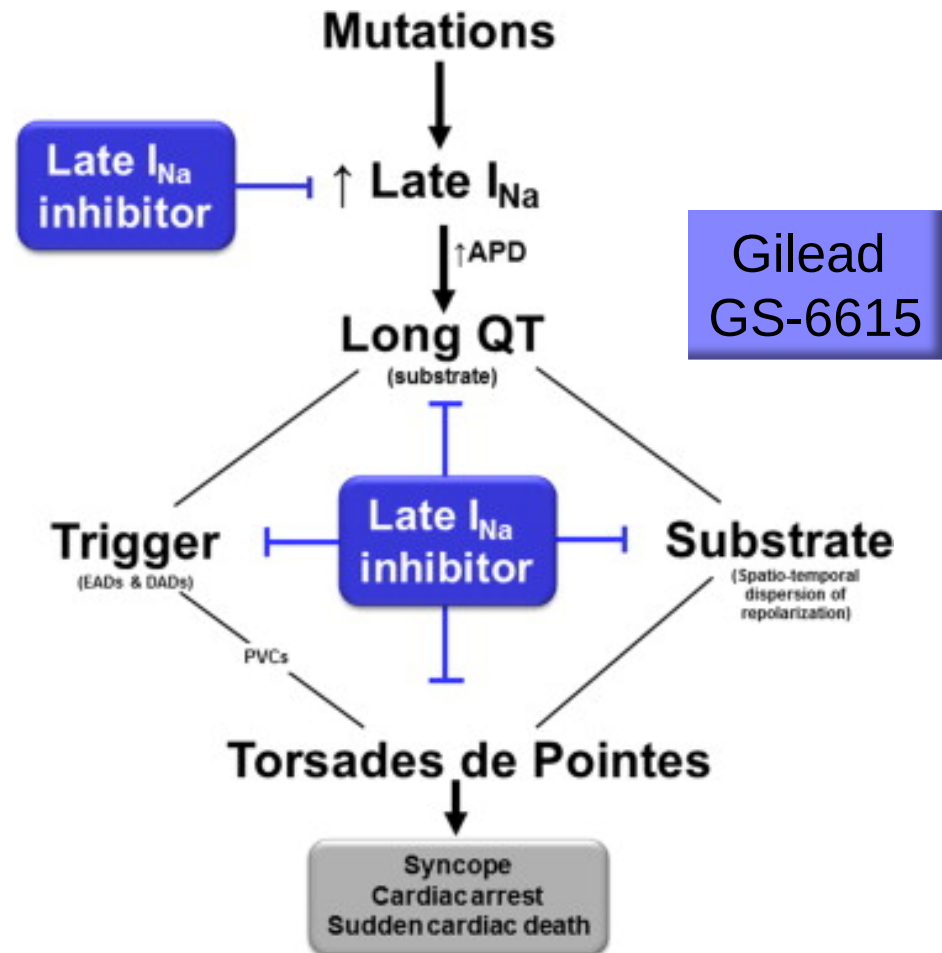


Late I_{Na} current:

A substrate to maintain repolarization

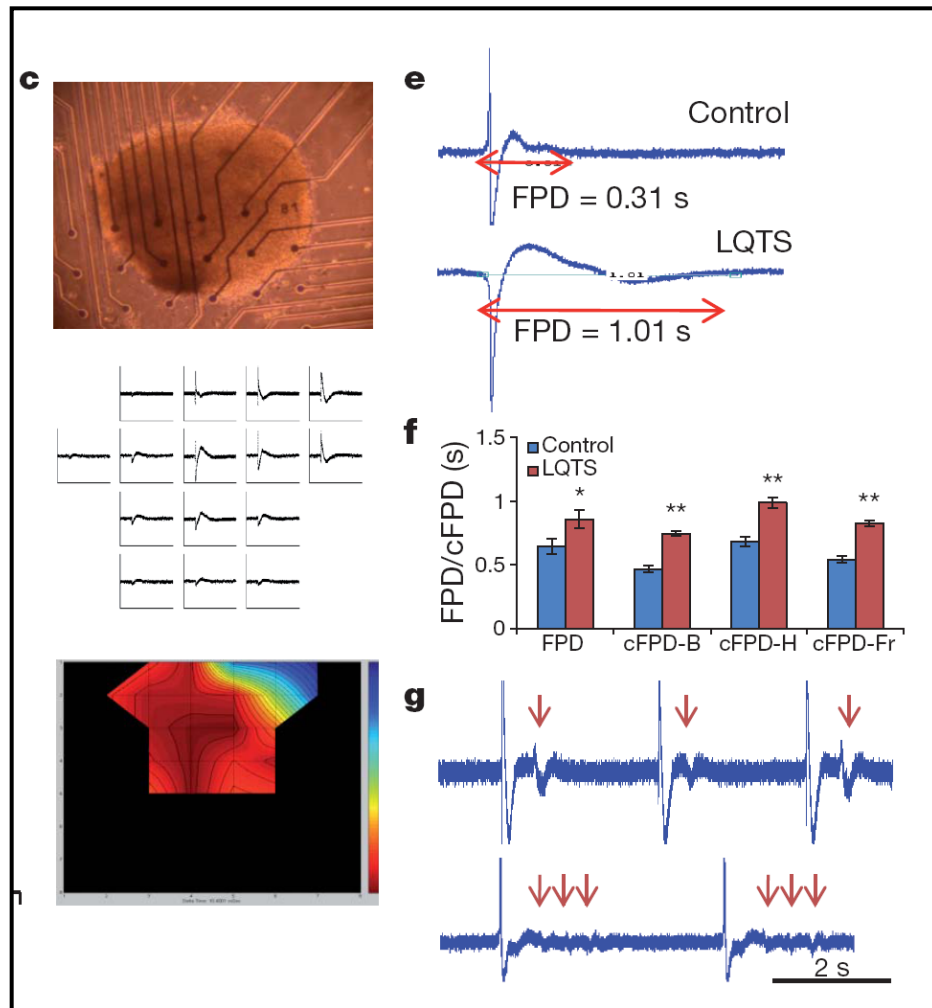


p-, phosphorylated
 o-, oxidized

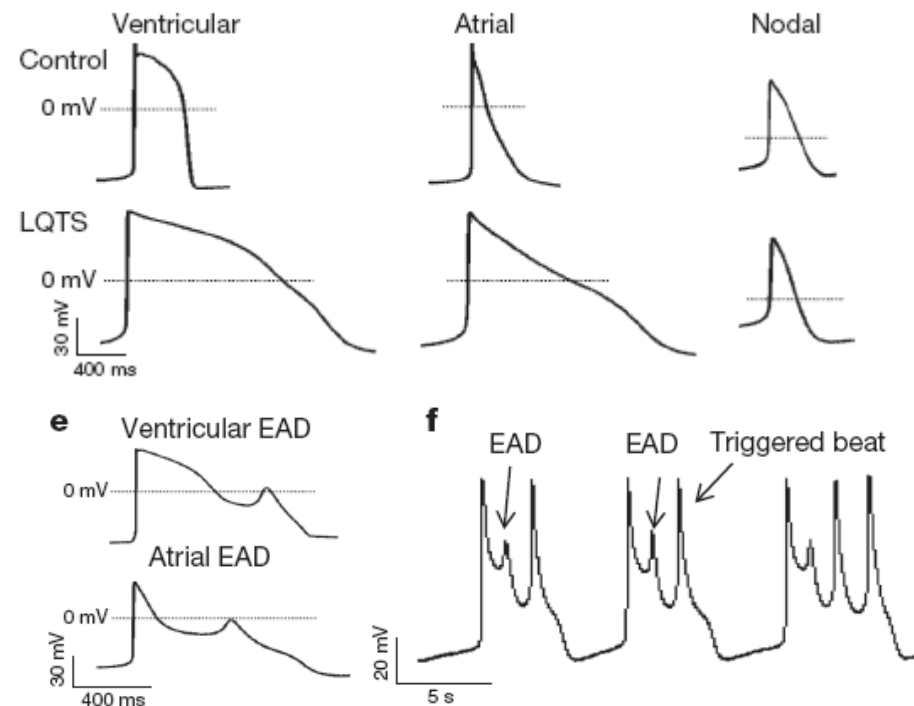


Cardiac-like Myocytes

(from human induced, pluripotent stem cells; hiPSCs, LQT-2)



FPD: field potential duration



EAD suppression with nifedipin (I(Ca²⁺) block),
Pinacidil (I(K-ATP) opener), ranolazine (I(Na(Kr) block)

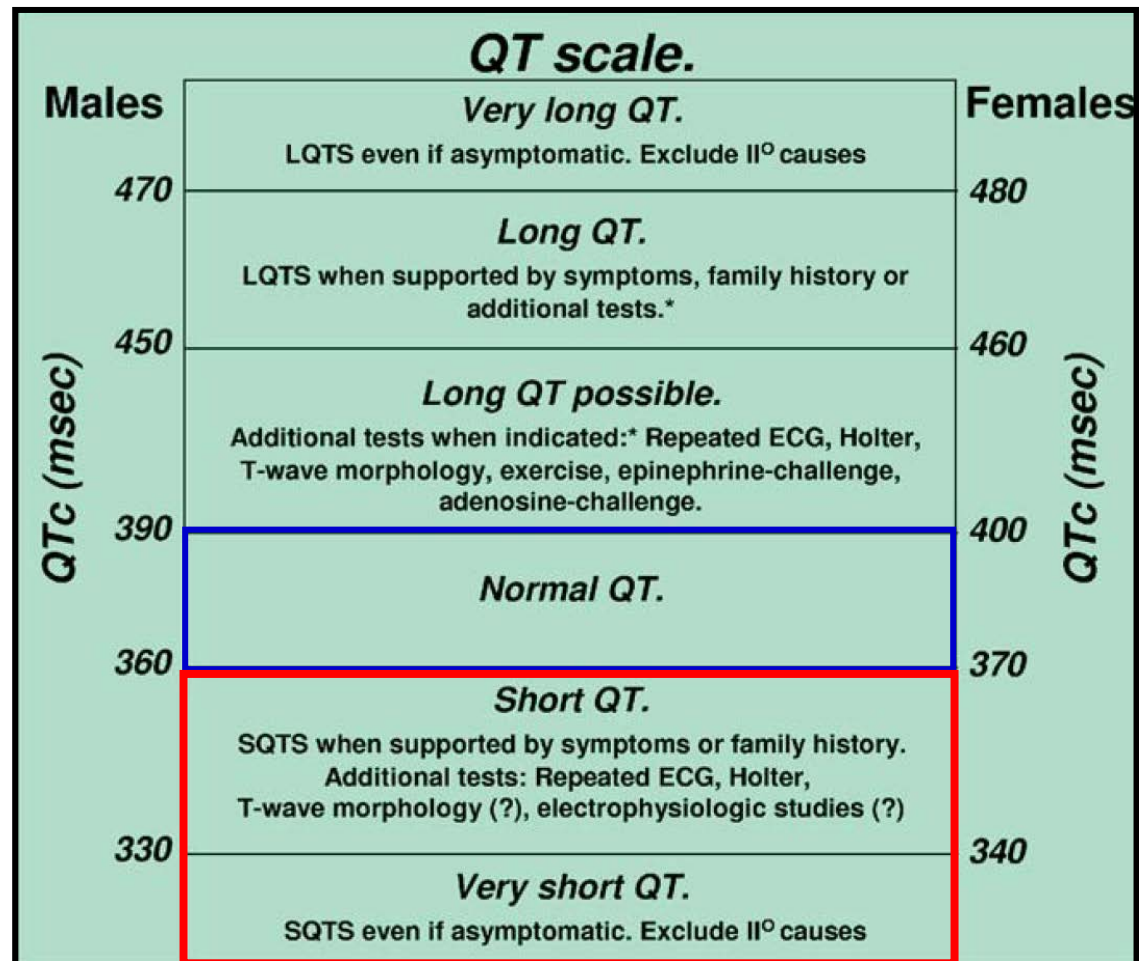
**Modelling the long QT syndrome with
induced pluripotent stem cell**

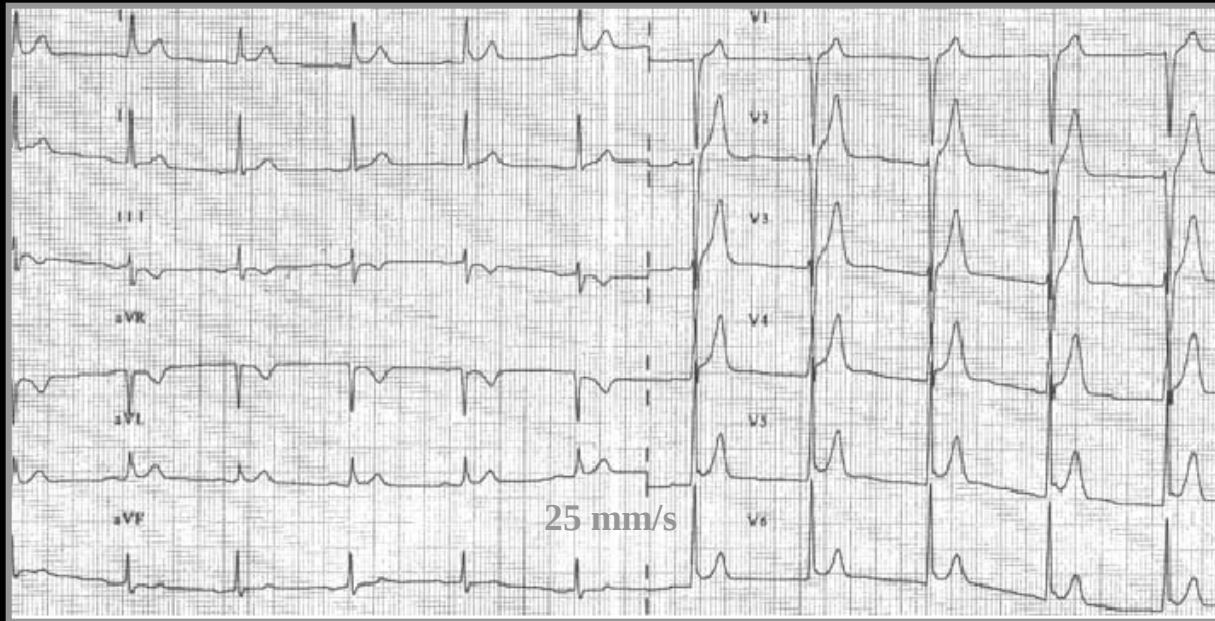
Izhaki et al. Nature Feb. 2010 epub

Repolarisation:

Respect also the short (SQTS).

Heart-rate corrected QT Interval (QTc; Bazett's method)





Brother:

QT: 300 ms

QTc: 335 ms

QTp: 80%



Proband:

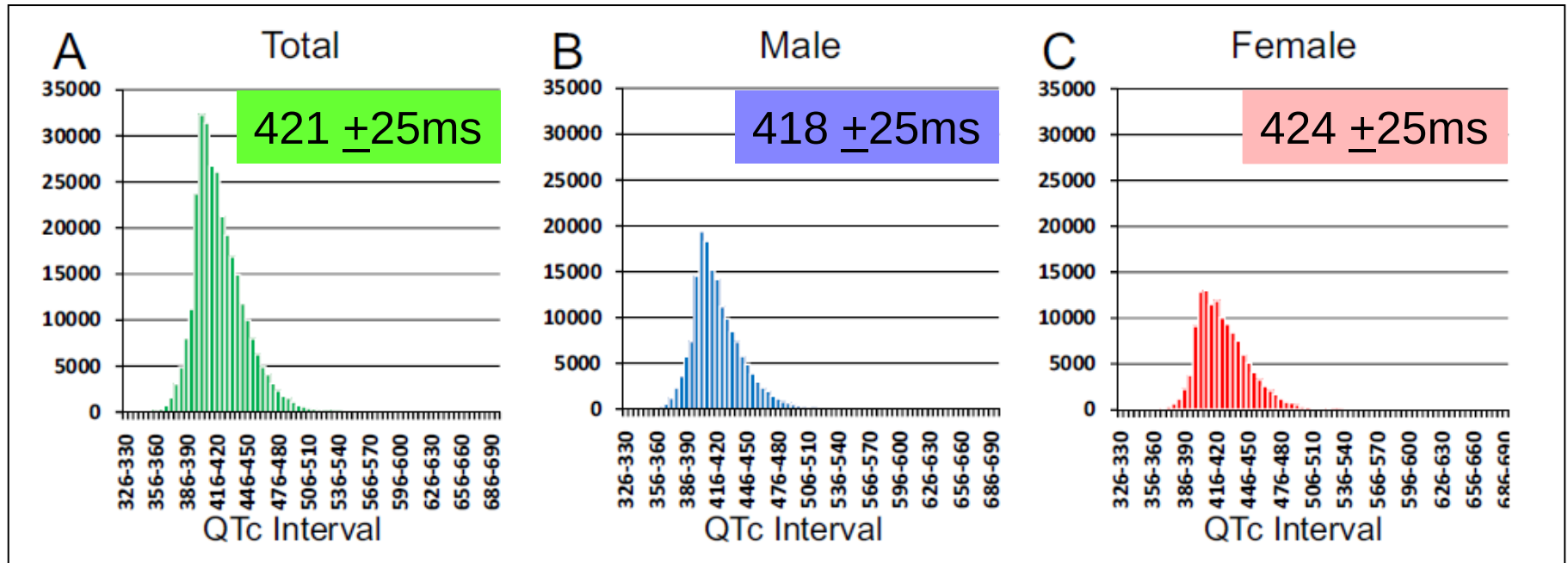
QT: 300

QTc: 335 ms

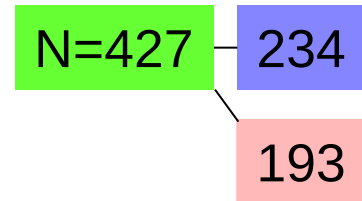
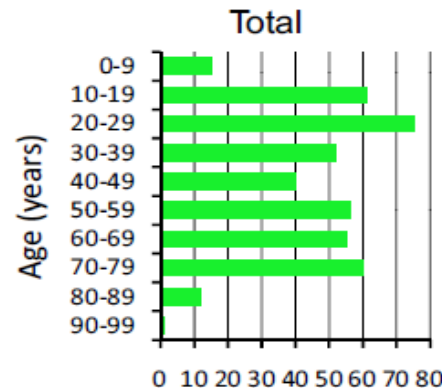
QTp: 78%

(Short) QT Intervals: The Range

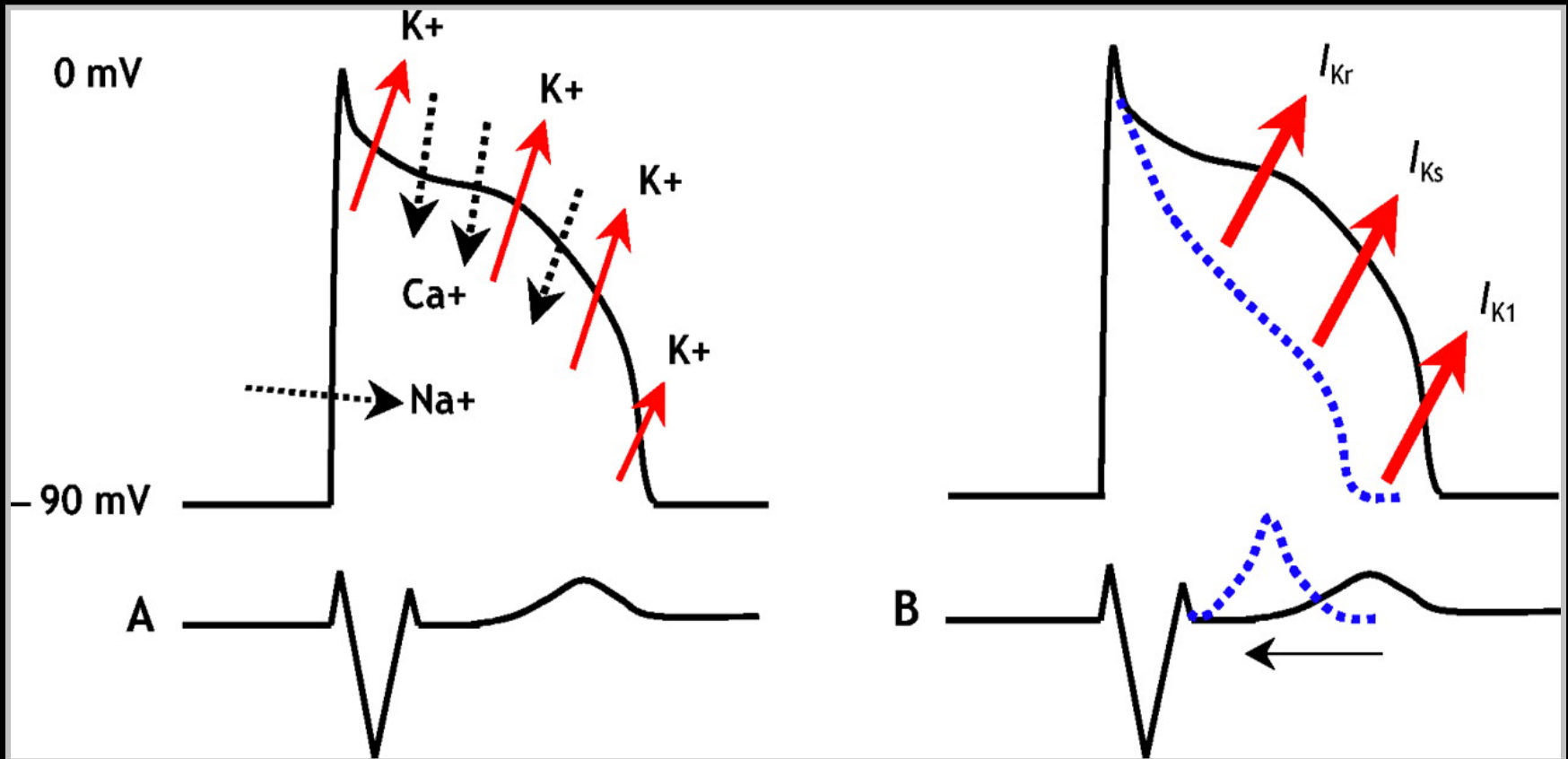
(Japan, >110,000 In-hospitals)



Percentile	Bazett QTc interval (ms)	
	Male	Female
2.5	380.0	387.0
2.0	378.0	386.0
1.0	373.0	381.0
0.5	369.0	376.0
0.15	362.0	369.0
0.1	361.0	367.0
0.0	331.0	329.0



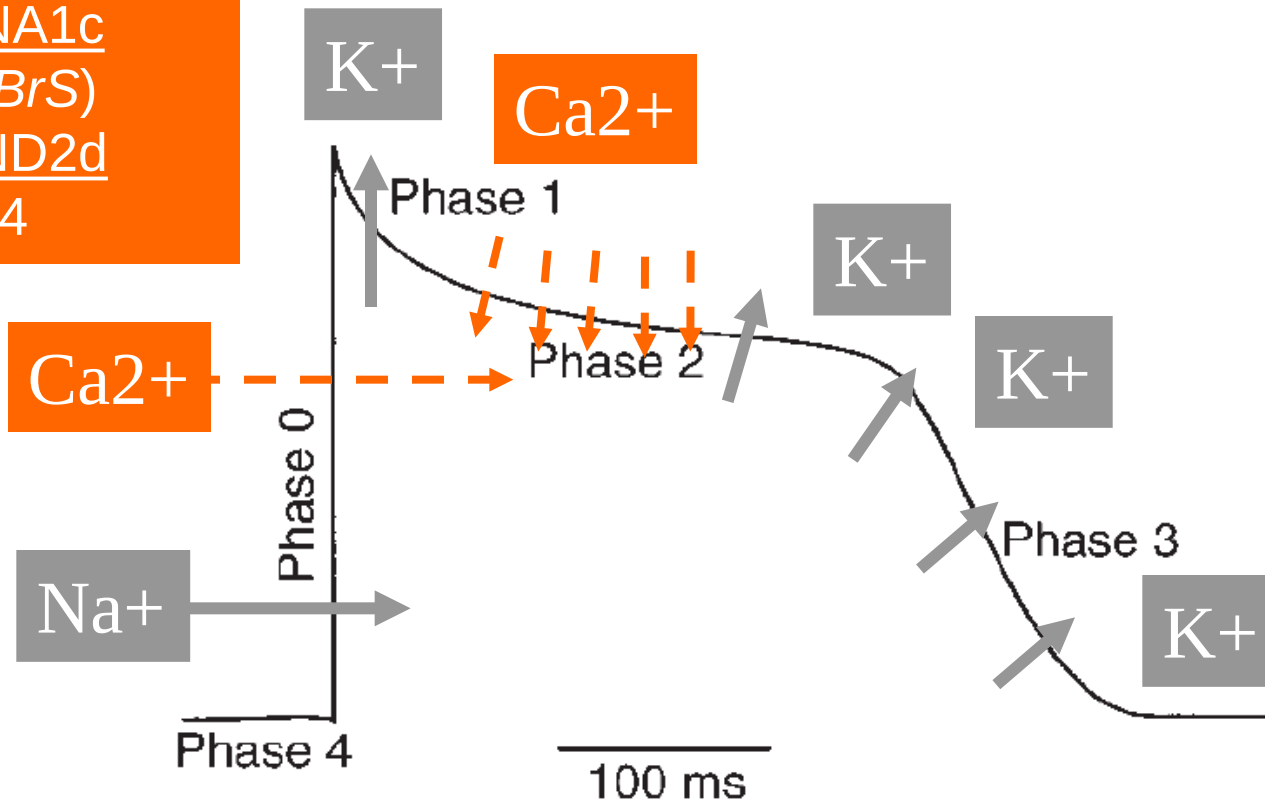
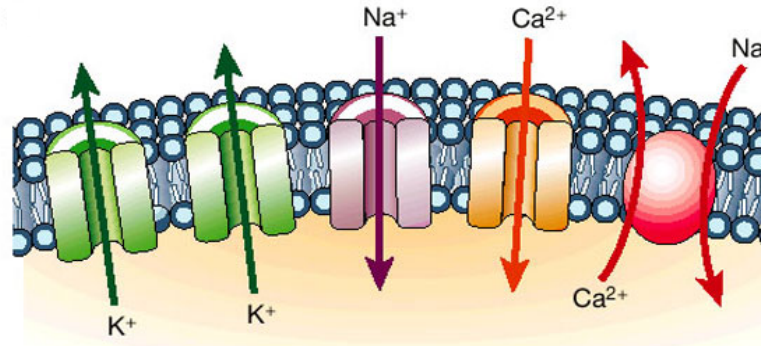
Shortened AP/Repolarization and K⁺ Currents (I_K): SQT1-3



SQTS

Ca²⁺-Channel Types

(CACNB2b
n=1+BrS,
CACNA1c
n=4+BrS)
CACND2d
n=4



HRS/EHRA [2013]

Expert Consensus Statement: **SQTS**

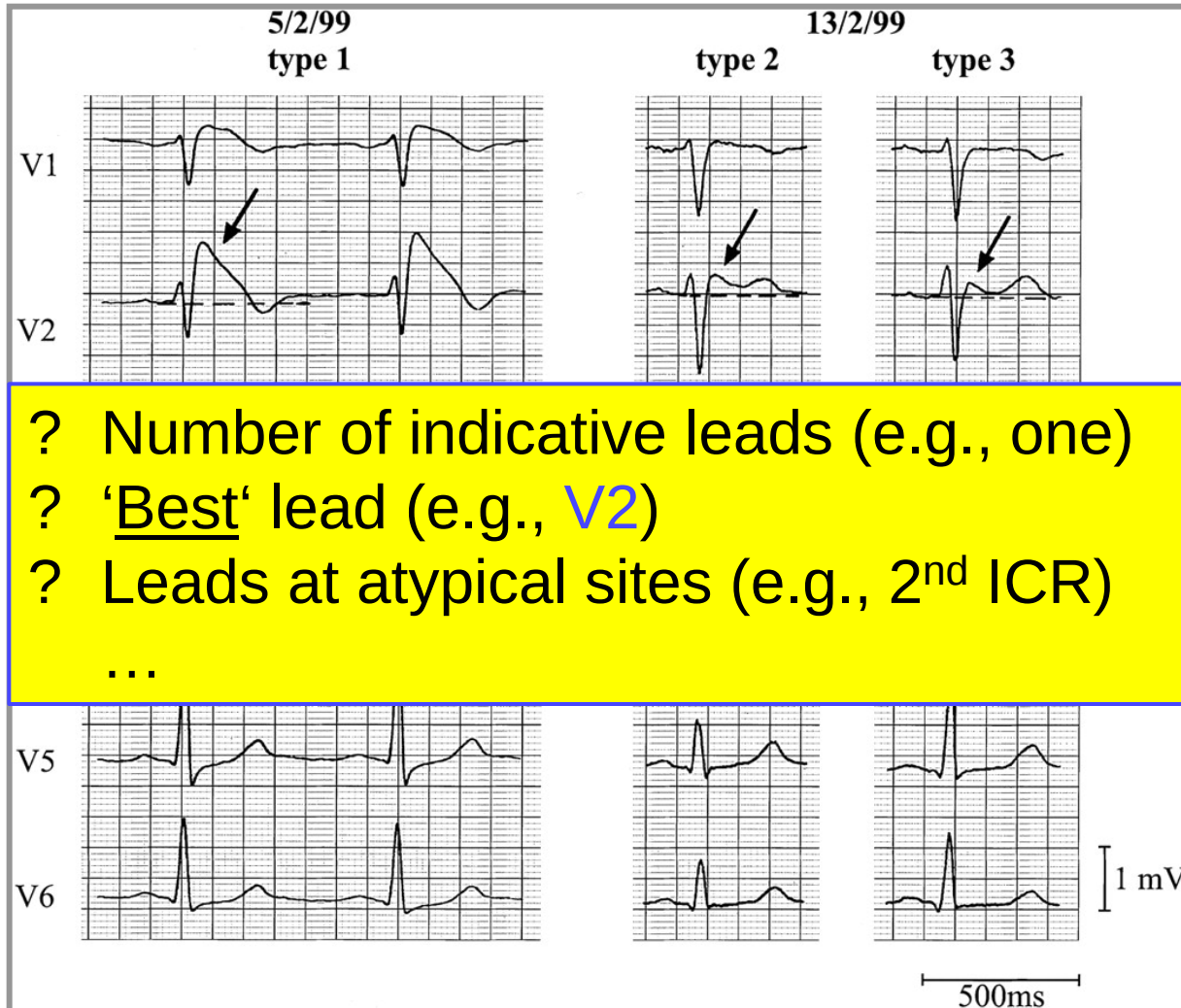
*Expert Consensus Recommendations on **Short QT Syndrome Therapeutic Interventions***

- | | |
|-----------|--|
| Class I | 1. ICD implantation is recommended in symptomatic patients with a diagnosis of SQTS who <ol style="list-style-type: none">Are survivors of a cardiac arrest <i>and/or</i>Have documented spontaneous sustained VT with or without syncope. |
| Class IIb | <ol style="list-style-type: none">ICD implantation may be considered in asymptomatic patients with a diagnosis of SQTS and a family history of SCD.Quinidine may be considered in asymptomatic patients with a diagnosis of SQTS and a family history of SCD.Sotalol may be considered in asymptomatic patients with a diagnosis of SQTS and a family history of SCD. |

(... disopyramide, flecainide, ibutilide, nifekalant, ...)

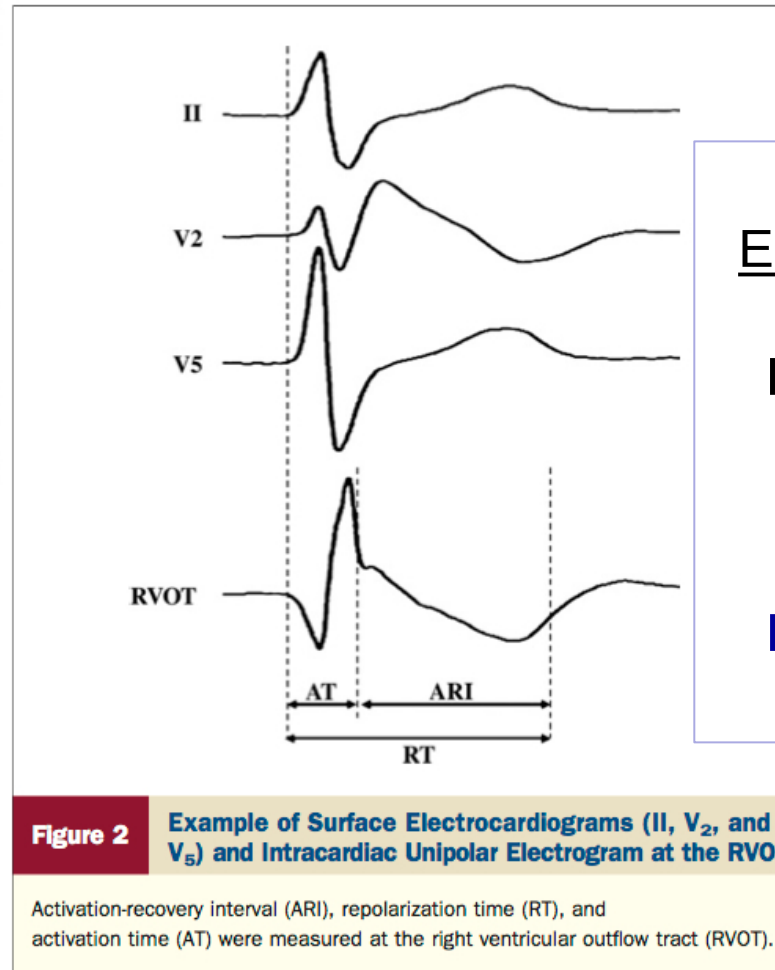
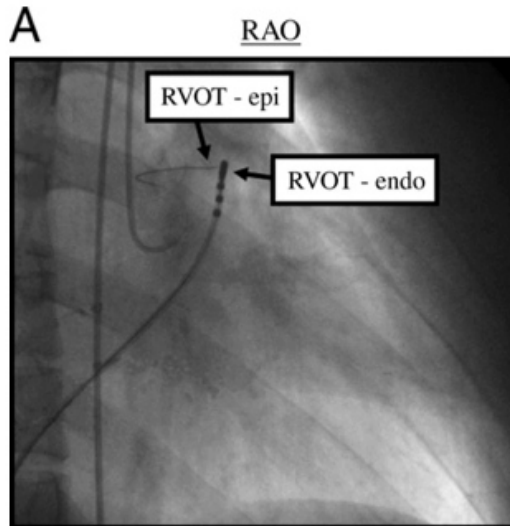
Brugada Syndrome (BRGDA / BrS)

Brugada Syndrome (BrS): Indicative ECGs



- BrS Type 1-ECG only diagnostic at rest, after provocation, after conversion of BrS Type 2/3
- J-point / ST ↑ of more than 2 mm in two or more right precordial leads
- Exclusion of other causes (phenocopying conditions)

Brugada Syndrome (BrS): Epicardial APD Prolongation



Epicardial vs.
Endocardial MAPs:

Patients +15 ms
Control -11 ms

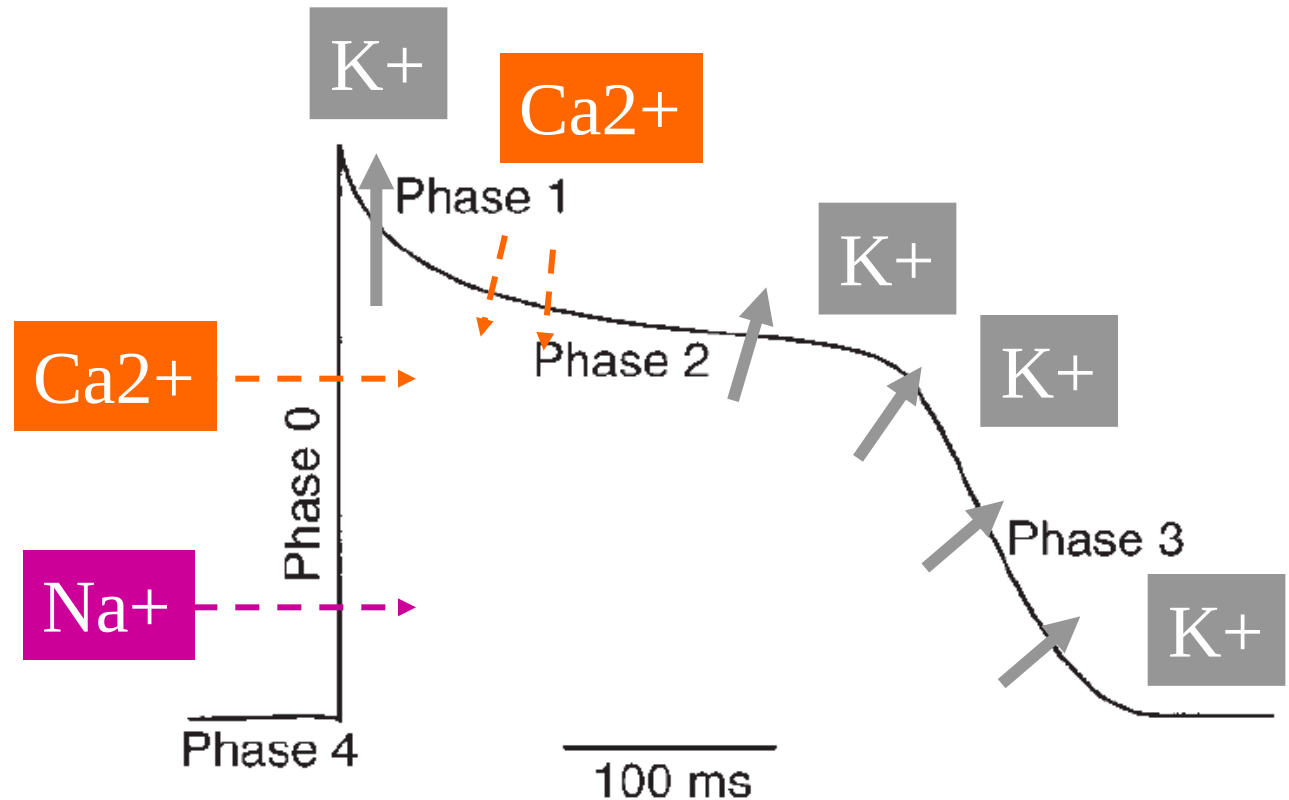
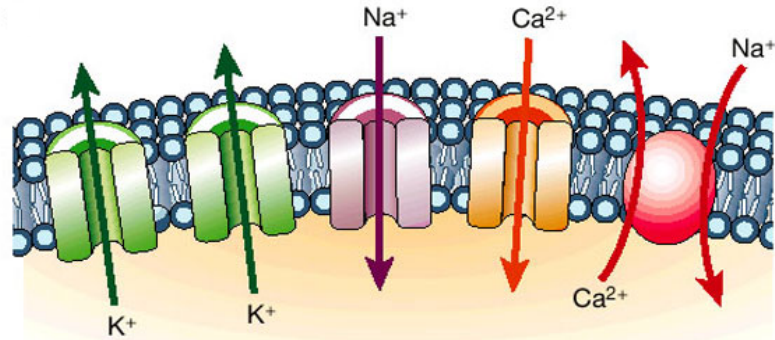
+ Pilsicainide:
Patients +34 ms
Control -14 ms

Brugada

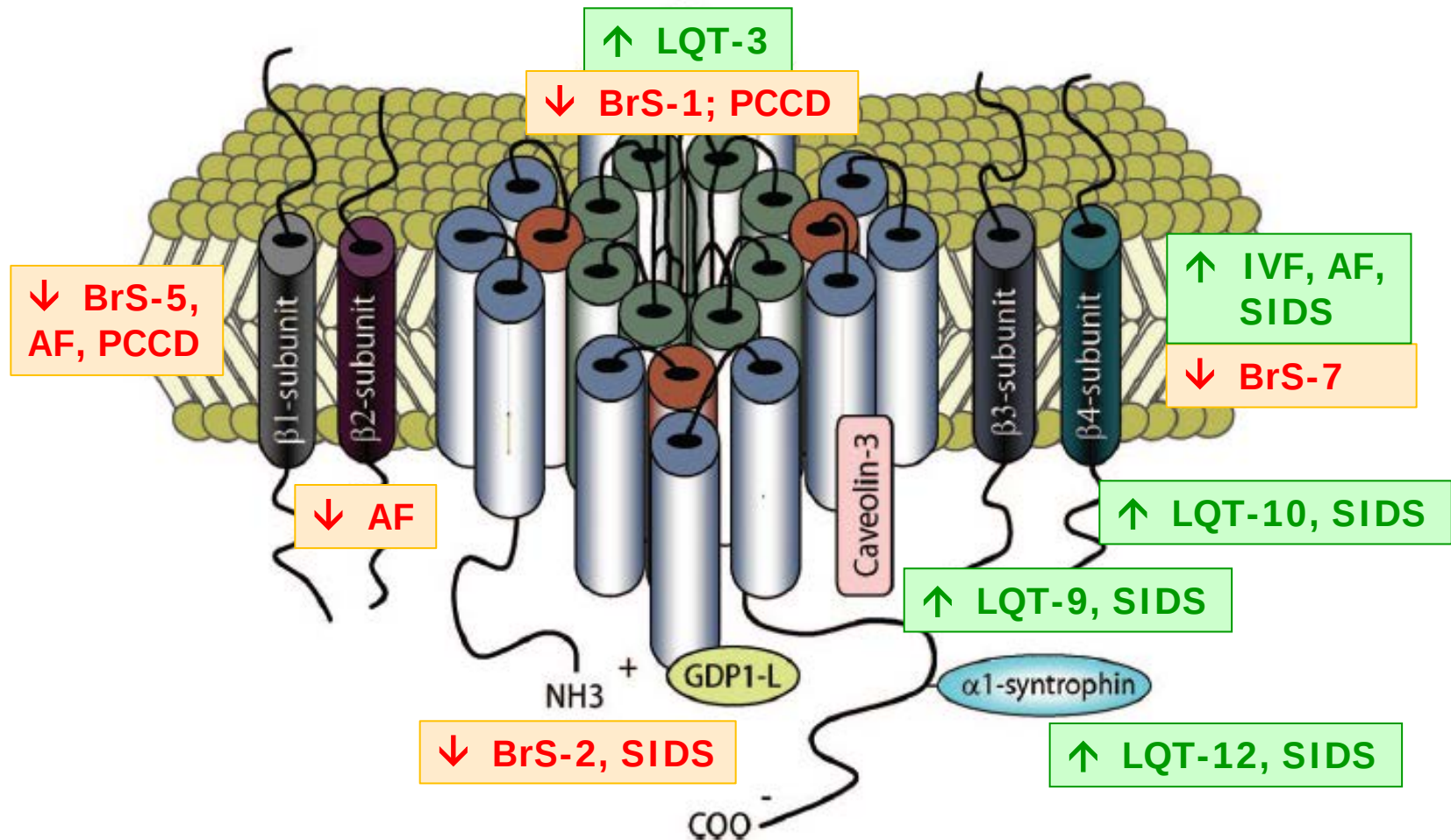
Na^+ Channel
(BrS-1,-2,-5)

Brugada

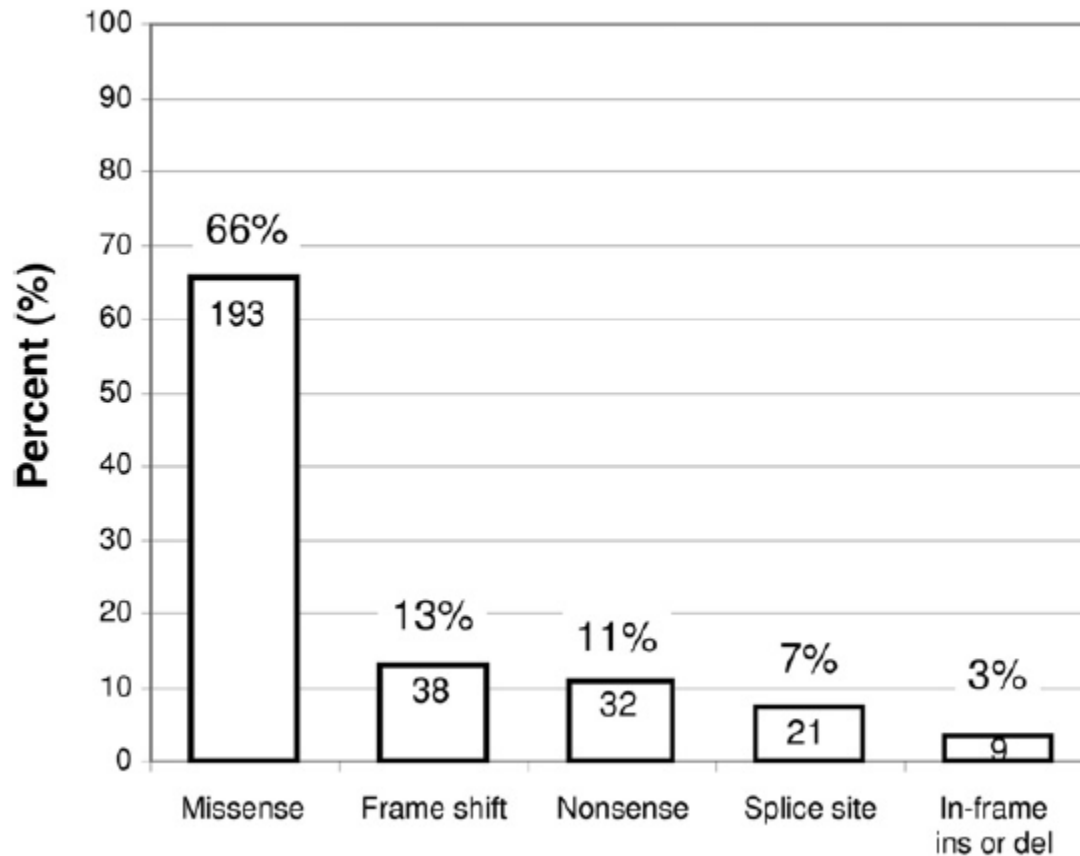
Ca^{++} Channel
(BrS-3,-4)



Cardiac Sodium Channelopathies (I_{Na})



Brugada Syndrome: Mutational Spectrum (n=2,111 probands)

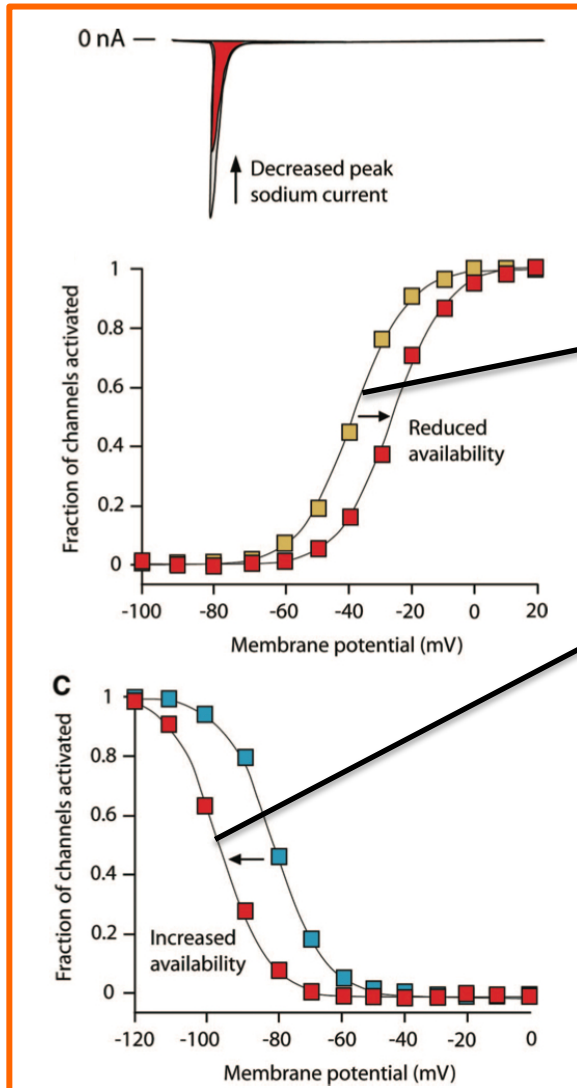


In average, 21% SCN5A+

All mutations are 'private', no gene hot spots.

Brugada Syndrome (BrS):

The decrease in $I(\text{Na})$ peak current



Shift of voltage dependence of steady-state activation towards more depolarized membrane potentials

Hyperpolarizing shift of the voltage dependence of steady-state inactivation curve will lead to fewer sodium channels at RMP.

Slower recovery from channel inactivation has also been described for BrS-associated SCN5A mutations.

HRS/EHRA [2013]

Expert Consensus Statement: **Brugada**

*Expert Consensus Recommendations on **Brugada Syndrome** Therapeutic Interventions*

Class I

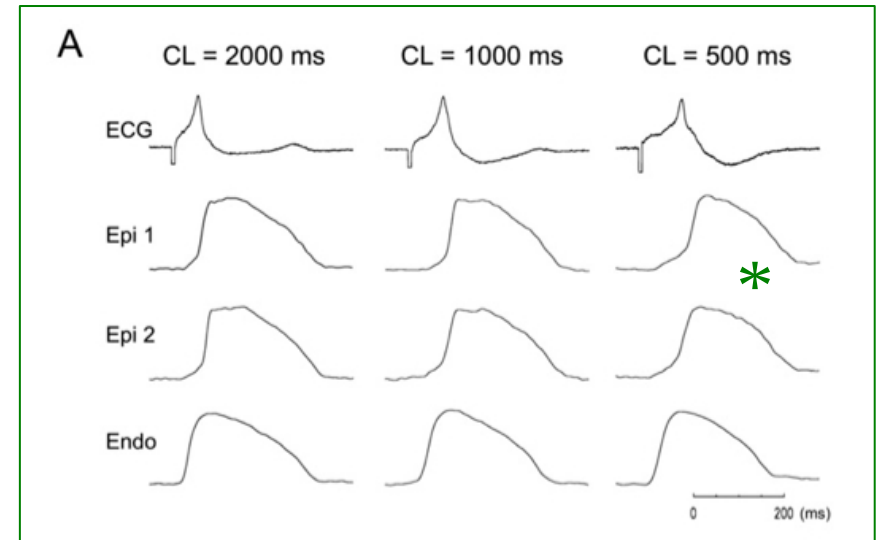
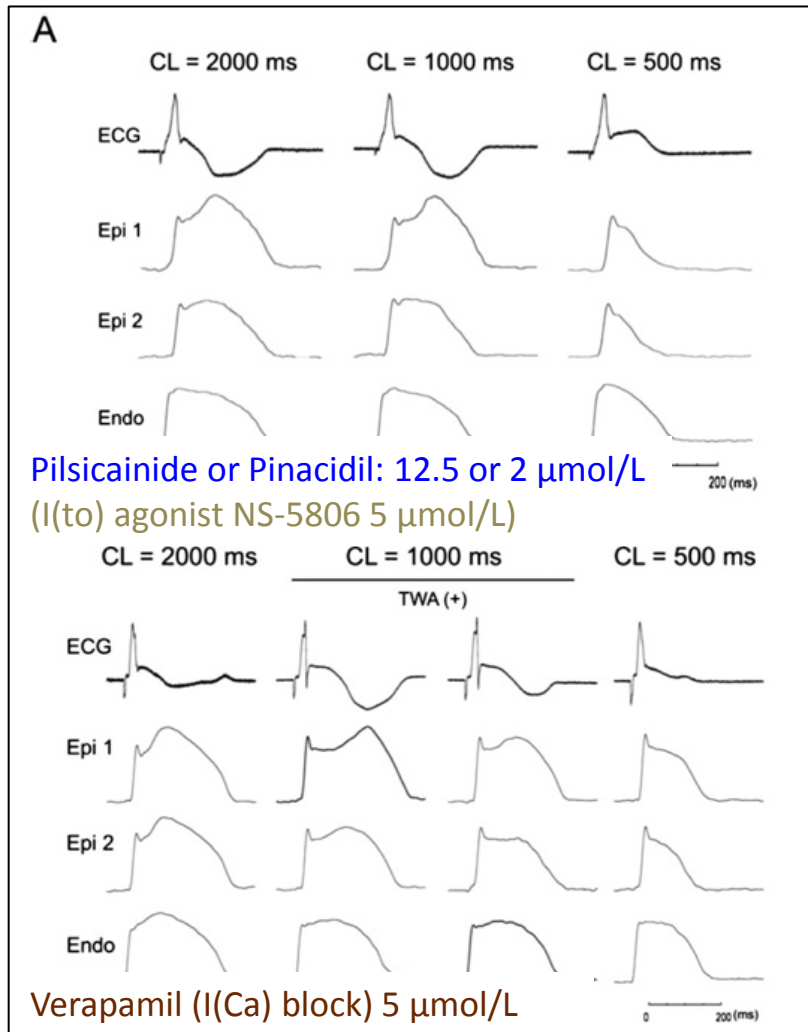
1. The following lifestyle changes **are recommended** in all patients with diagnosis of BrS:
 - a) Avoidance of drugs that may induce or aggravate ST segment elevation in right precordial leads (for example, visit Brugadadrugs.org),
 - b) Avoidance of excessive alcohol intake,
 - c) Immediate treatment of fever with antipyretic drugs.
2. ICD implantation **is recommended** in patients with a diagnosis of BrS who:
 - a) Are survivors of a cardiac arrest, and/or
 - b) Have documented spontaneous sustained VT with or without syncope.

HRS/EHRA [2013]

Expert Consensus Statement: **Brugada**

Class IIa	3. ICD implantation can be useful in patients with a spontaneous diagnostic Type I ECG who have a history of syncope judged to be likely caused by ventricular arrhythmias. 4. Quinidine can be useful in patients with a diagnosis of BrS and history of arrhythmic storms defined as more than two episodes of VT/VF in 24 hours. 5. Quinidine can be useful in patients with a diagnosis of BrS: a) Who qualify for an ICD but present a contraindication to the ICD or refuse it, <i>and/or</i> b) Have a history of documented supraventricular arrhythmias that require treatment. 6. Isoproterenol infusion can be useful in suppressing arrhythmic storms in BrS patients.
Class IIb	7. ICD implantation may be considered in patients with a diagnosis of BrS who develop VF during programmed electrical stimulation (inducible patients). 8. Quinidine may be considered in asymptomatic patients with a diagnosis of BrS with a spontaneous type 1 ECG. 9. Catheter ablation may be considered in patients with a diagnosis of BrS and history of arrhythmic storms or repeated appropriate ICD shocks.
Class III	10. ICD Implantation is not indicated in asymptomatic BrS patients with a drug induced type 1 ECG and on the basis of a family history of SCD alone.

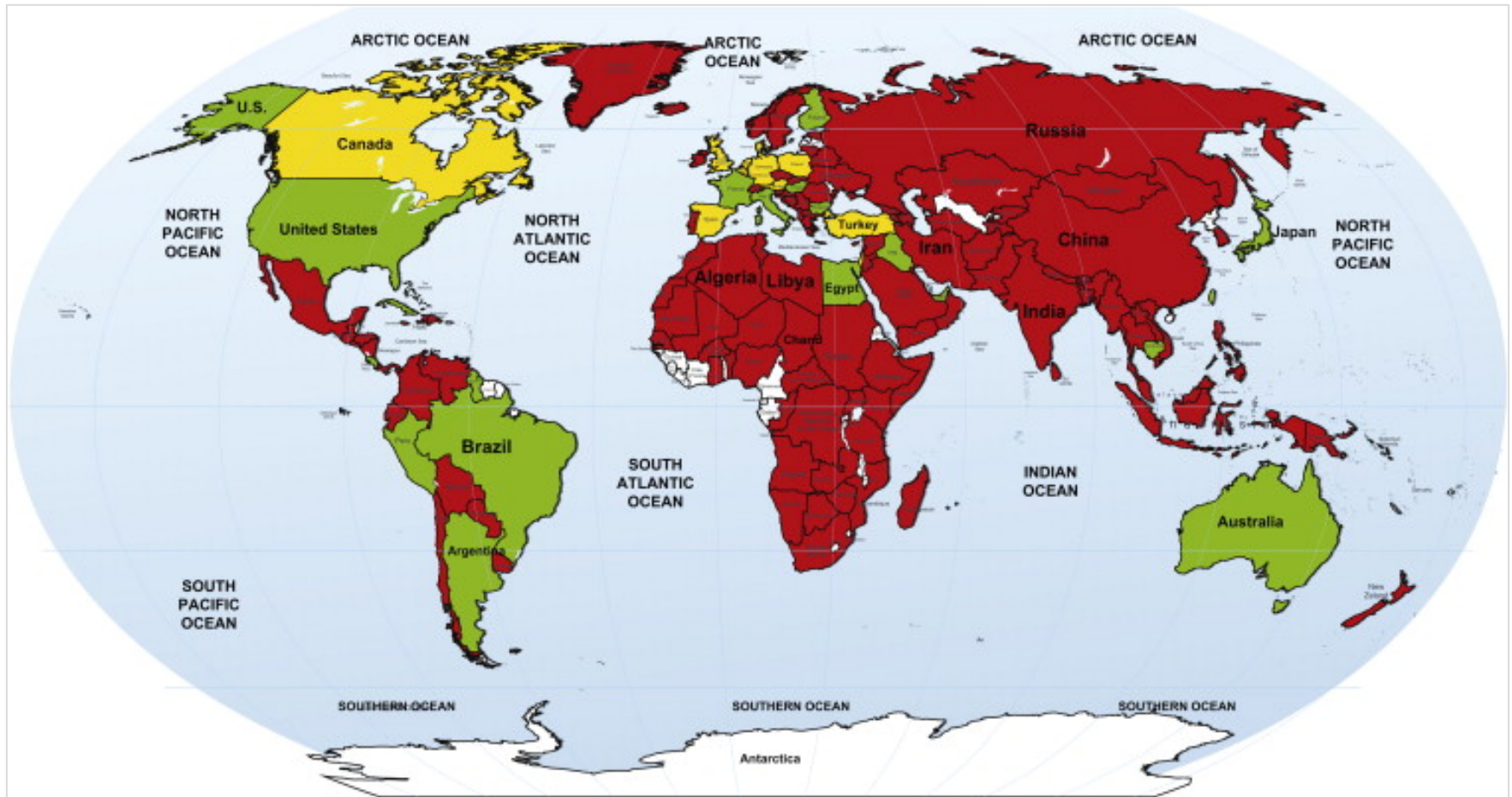
Brugada Models (cor.-art. perf. RV canine wedge) and Effect of Quinidine



Pilsicainide/Pinacidil + Quinidine 5 $\mu\text{mol/L}$

(blocks: I(Na_TTX+), I(to), I(Ks), I(Kr),
I(K1), I(K-ATP))

Reduced epicardial dispersion of repolarisation
Reduced TDR (epi-endocardial)
Restored epicardial notch



(Non-) Availability of quinidine:

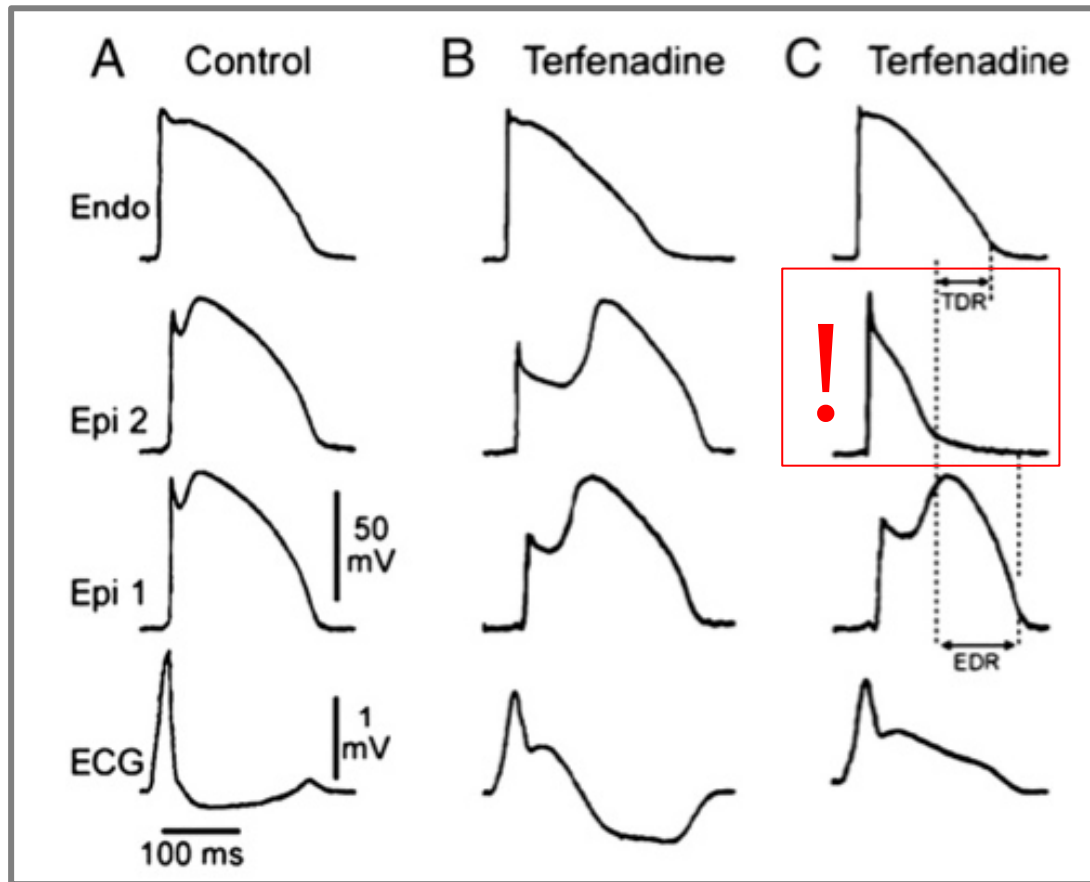
Green = available

Red = not available

Yellow = available with restrictions

White = no data

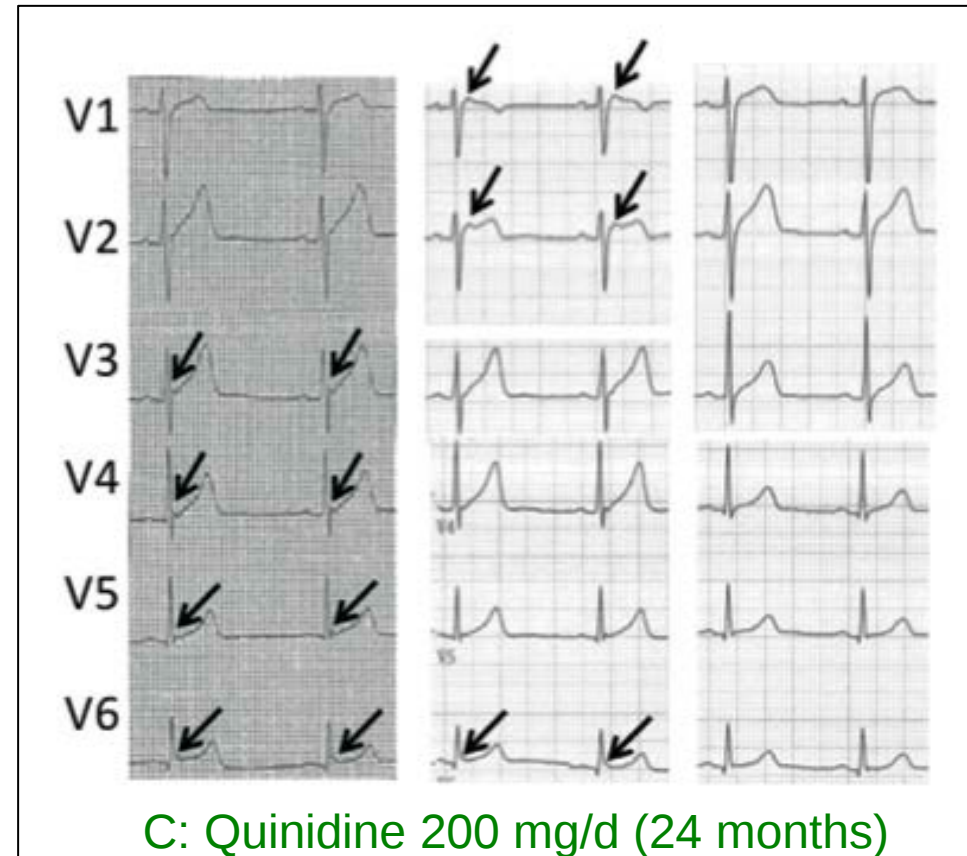
Novel Approaches in Brugada syndrome Models



Terfenadine
 (blocks: $I(Na)$ and $I(Ca)$)

- o PDE-III inhibitors
 (2-10 $\mu\text{mol/L}$):
 Milrinone, Cilastazol
 > cAMP $\uparrow$, $I(L-Ca)$ $\uparrow$
- o $I(to)$ blockers/regulators:
 4-AP (4' aminopyridine)
 Semaphorin / *SEMA3A*
 CRIP (cold-inducible RNA-binding protein for $I(to)$)

Long-term Suppression of J-wave in Brugada syndrome



Novel Approaches in Brugada syndrome Models

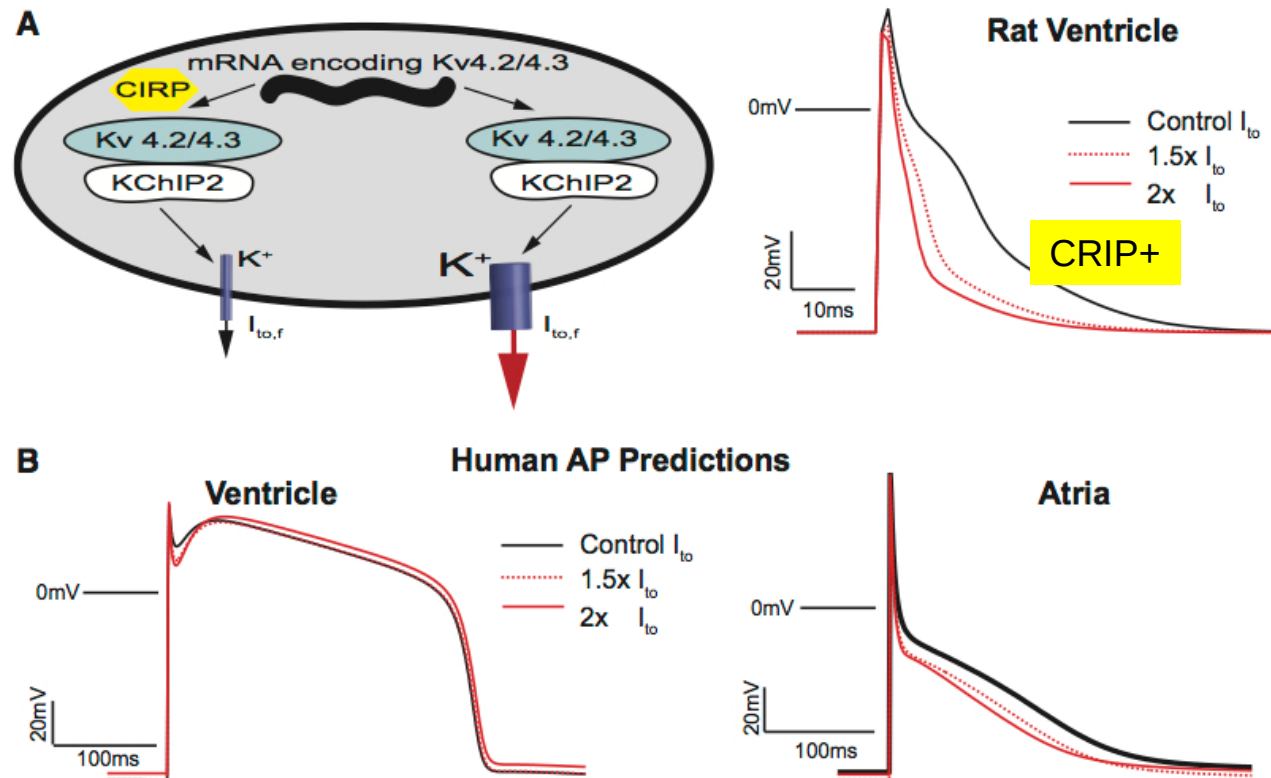


Figure. Computational modeling of impact of cold-inducible RNA-binding protein (CIRP) I_{to} downregulation in rat and human cardiomyocytes. A, Schematic of CIRP regulation in the rat cardiomyocyte (left), where the absence of CIRP leads to greater I_{to} density and a shortened action potential (AP) duration (right). **B**, Computational modeling of human AP waveforms in ventricular (left) and atrial (right) myocytes reveals expected tissue-specific effects when increasing I_{to} current density.

CPVT

(catecholaminergic polymorphic
ventricular tachycardia)

ID:
Nachname:
Vorname:

Phase: **Ruhe**
Phasendauer: **00:31**

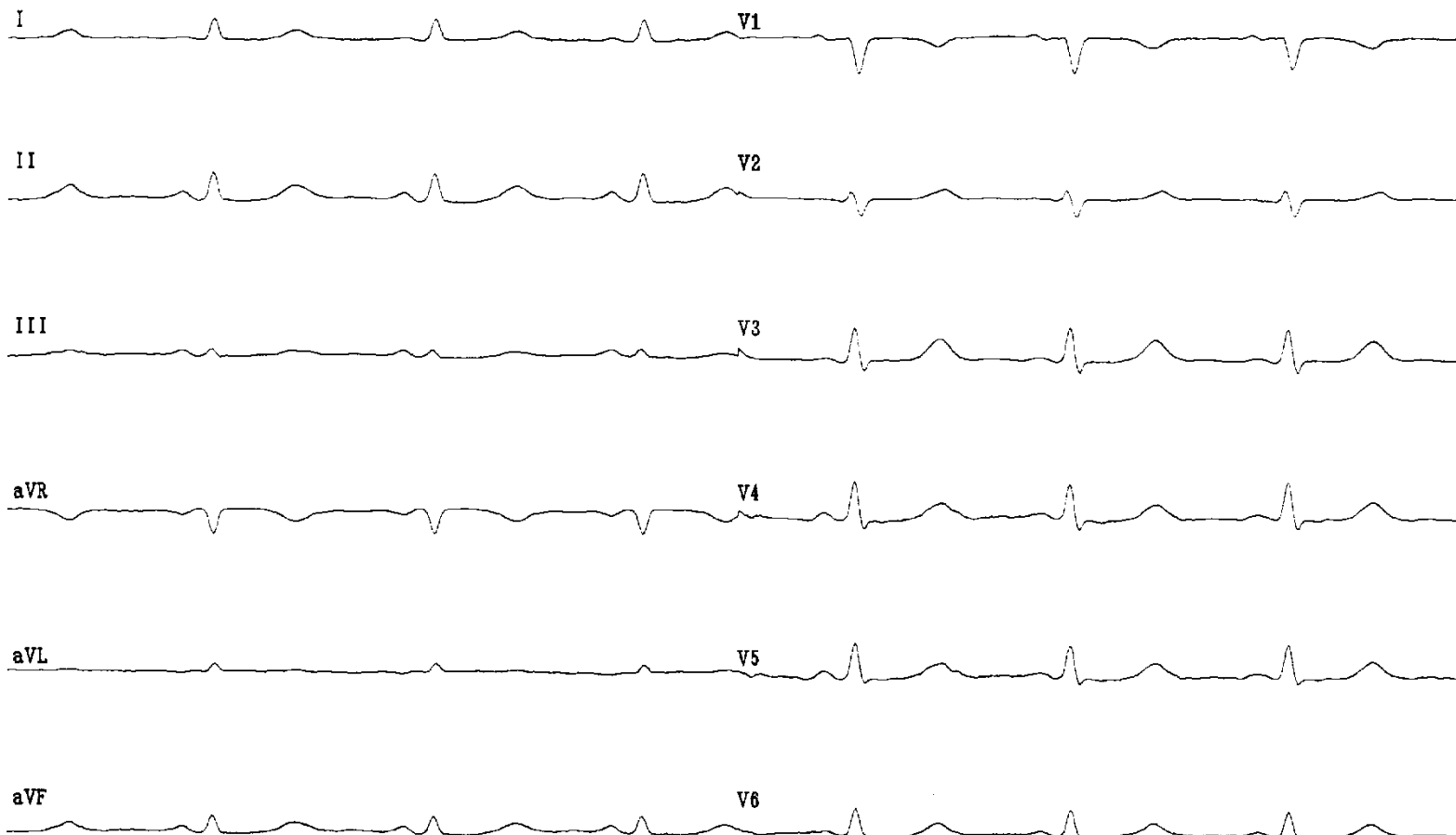
Belastung: **0 W**

Protokoll: **Standard**

HF: **80**
RR: **125/80**

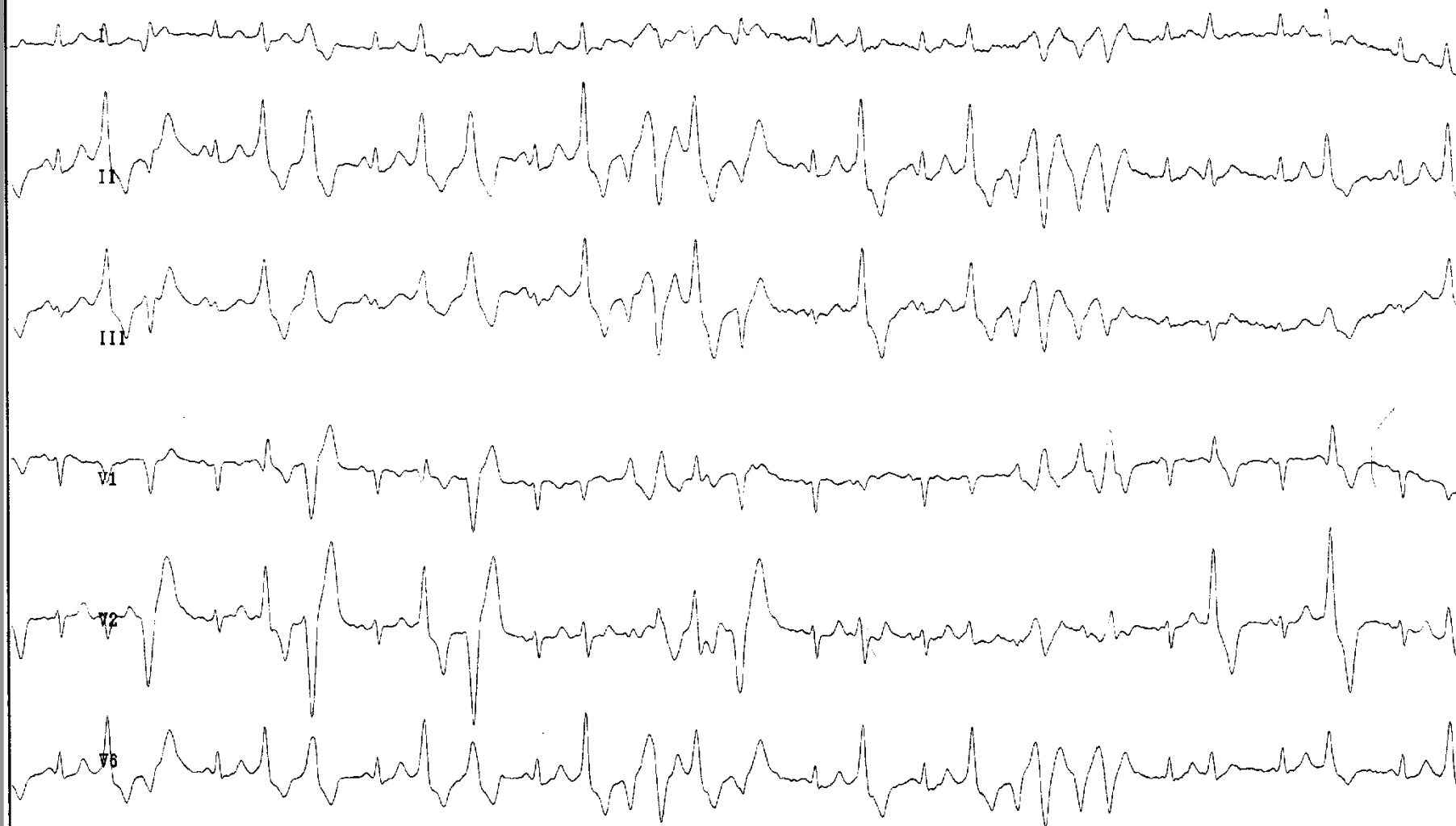
Datum: **27-05-03**
Zeit: **09:41**
Gerät: **MEG04**
Standort: **EKG MED-C**
Ort: **UNIV. MS**

130



2. Herd d. Höhle

18



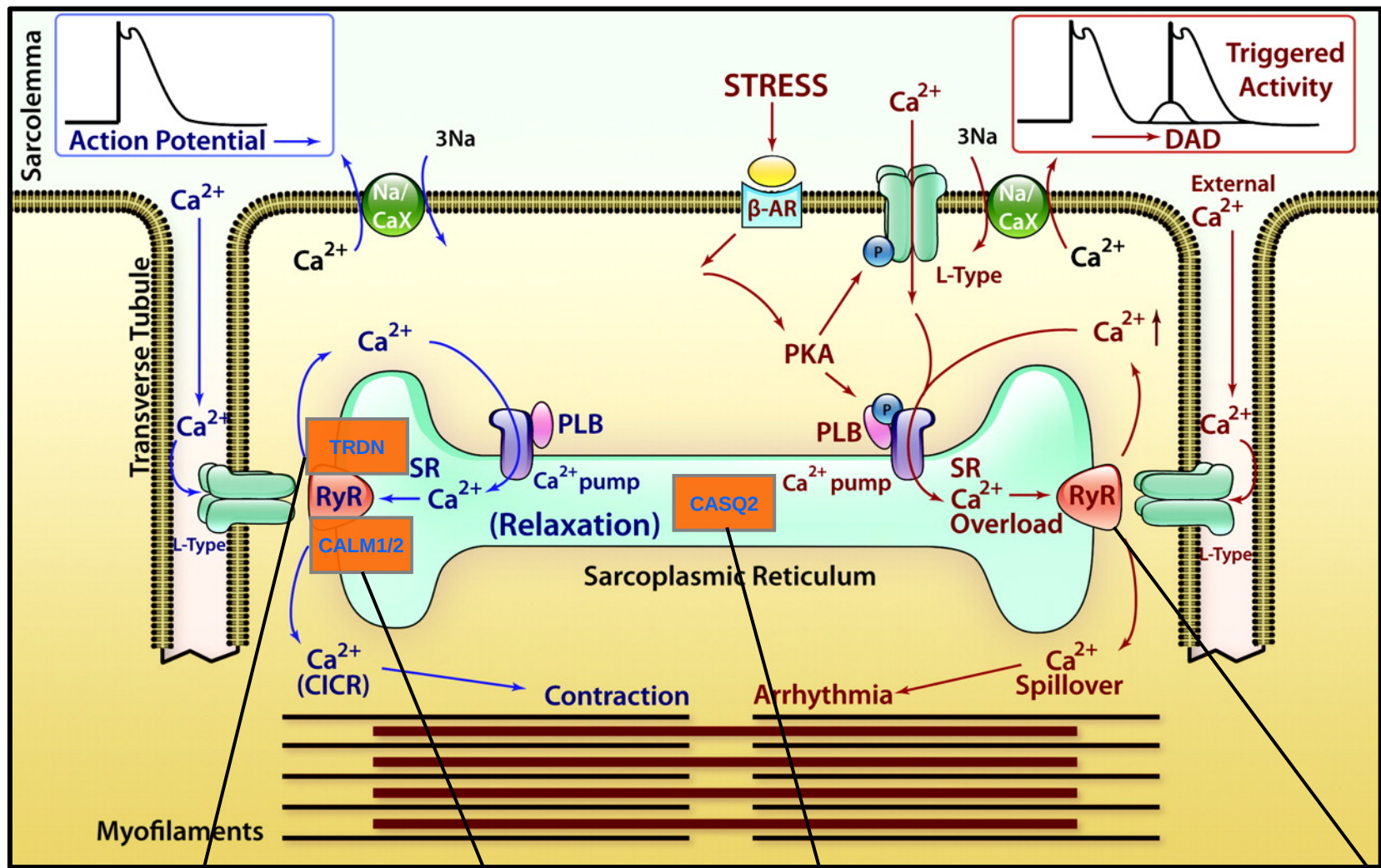
27-05-03
09:47

Gerät MEG04

25 mm/s
10 mm/mV 15Hz 50Hz

HF: 137

WWU PROF. BREITHARD



CPVT5
(<1%) ↓

CPVT4
(1-5%) ↓

CPVT2
(<1%) ↓

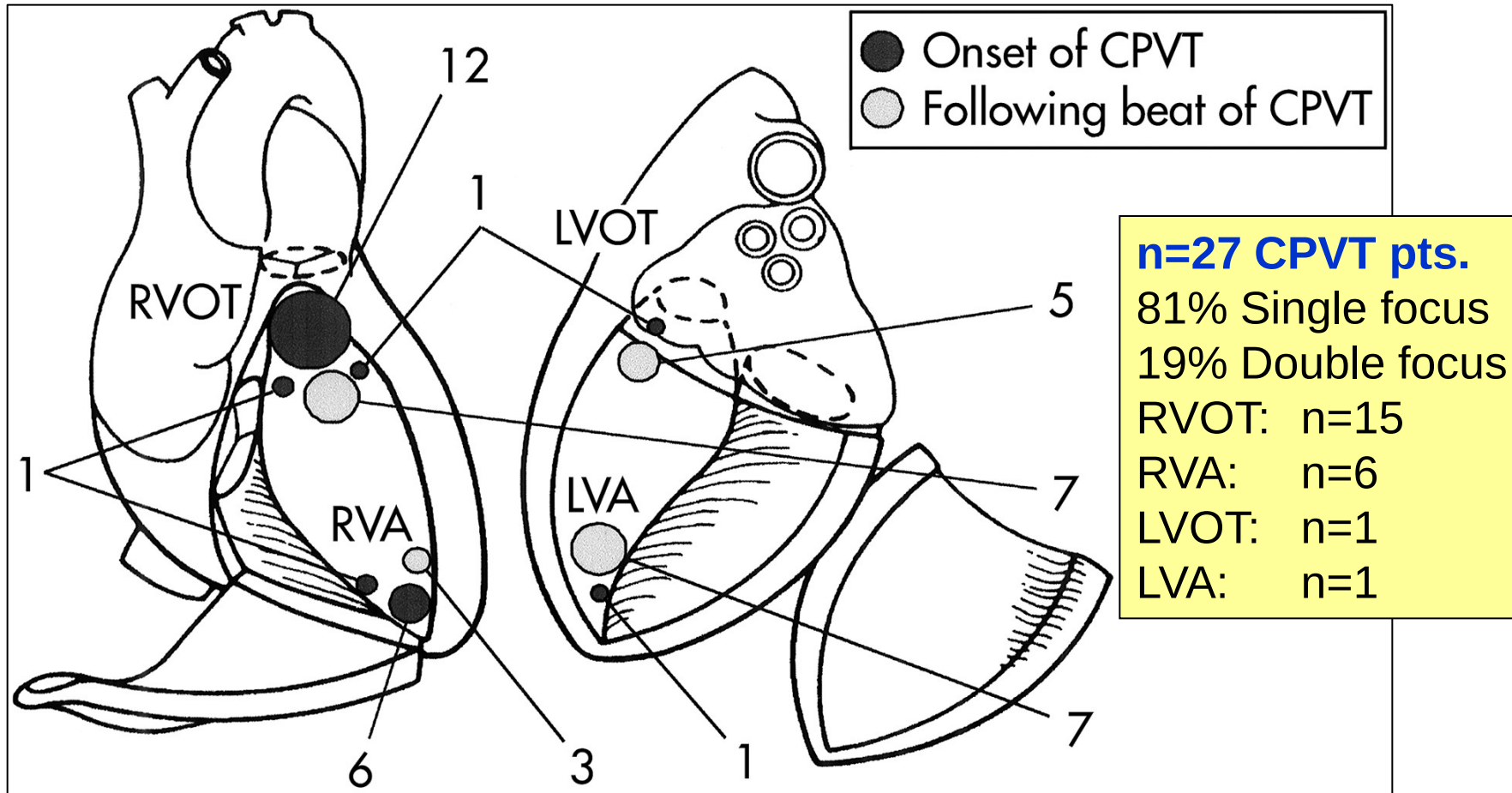
CPVT1
(>60%) ↑

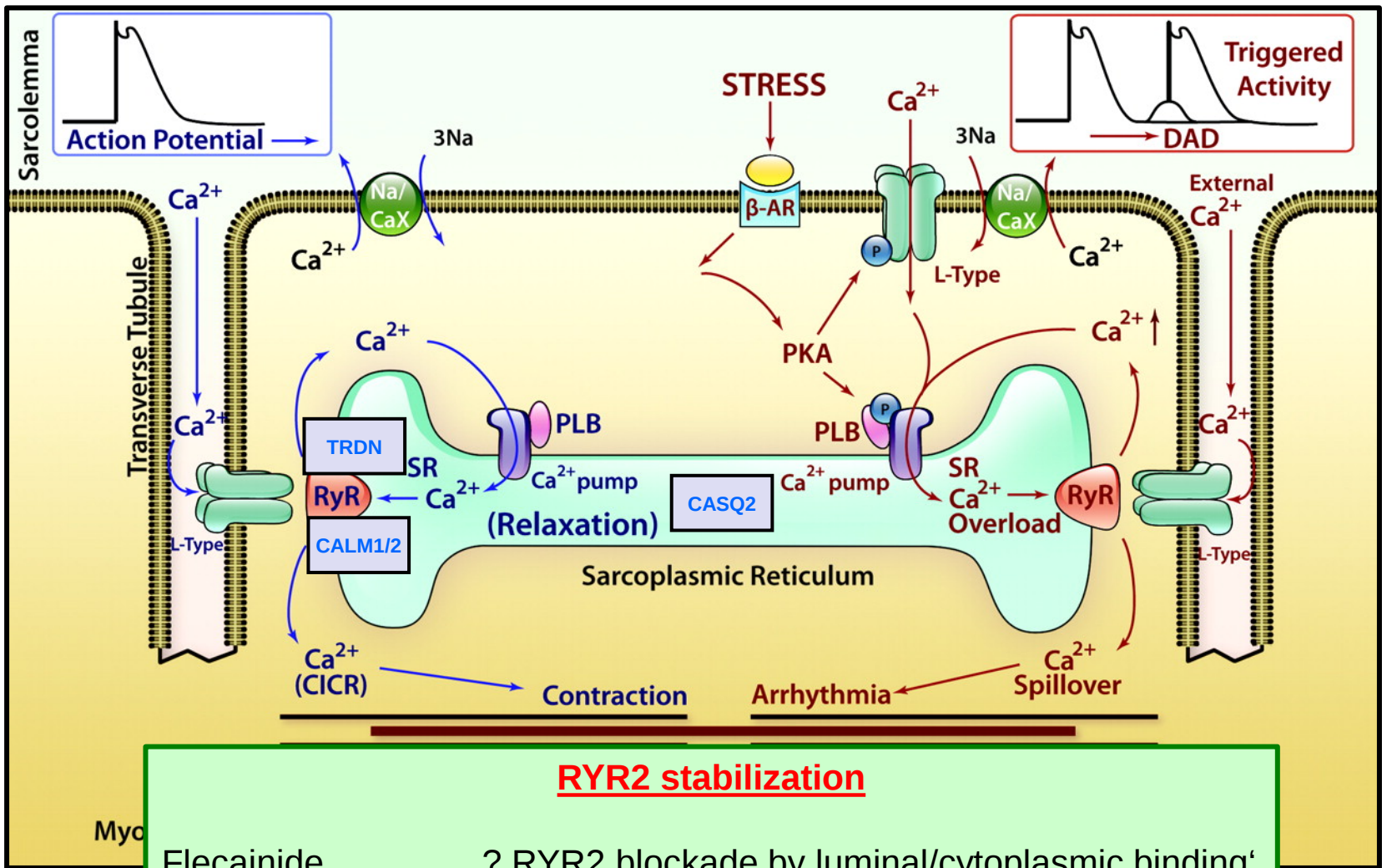
CPVT: Treatment Options

- Due to severe clinical course, treatment is considered a priori in ‚affected‘ individuals
- **Suggestive indicators** for therapeutic effectiveness are the reduction of VES/VT and symptoms
- Treatment options include:
 - **Life style modification !**
 - Drugs (BB +/- verapamil +/- flecainide)
 - ICD implantation
 - Left sympathetic cardiac denervation (LSCD)

CPVT:

First and Second Focus





RYR2 stabilization

Flecainide	? RYR2 blockade by luminal/cytoplasmic binding'
KN-93 (1 μM)	? I(Na) blockade
Dantrolene	CamKII inhibition – less phosphorylation
Ranolazine (10 μM)	RYR2 binding (effective in MHH/RYR1)
	reduces P_o of RYR2 receptors

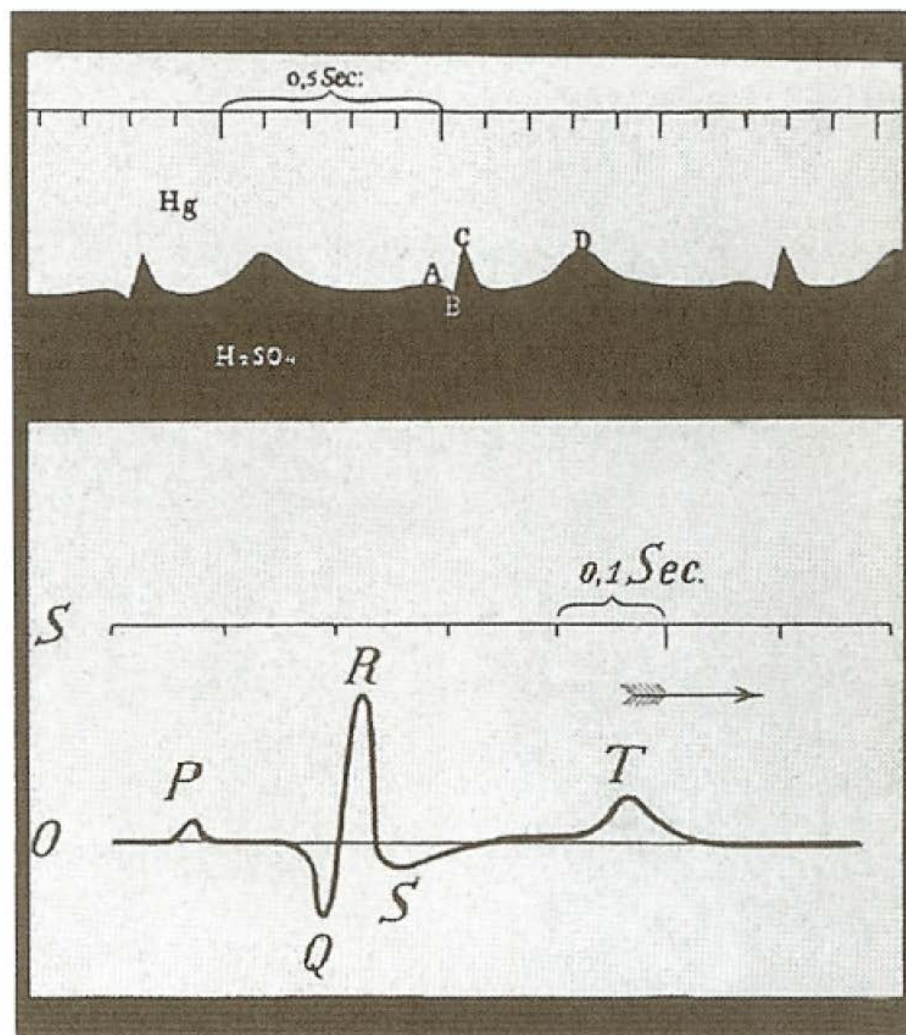


Fig. 4. Einthoven's first ECG tracings. Recording of an ECG with A, B, C and D wave using a capillary electrometer (upper registration). The lower ECG registration is Einthoven's first published electrocardiographic tracing using a string galvanometer and a different nomenclature with P, Q, R, S, and T wave.

Eric Schulze-Bahr



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Department for Cardiology and Angiology

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Uses of Genetic Testing in Cardiovascular Diseases

- **Diagnostic and/or predictive testing** (for monogenic traits)
- **Pharmacogenomic testing** (CYP450, e.g. -2C9, -2D6)
- **Postmortem testing** ('Molecular Autopsy')
- **Risk prediction testing**, uses genome information (QTLs) from GWAS to assess individual relative risk for common cardiovascular disorders
- **Direct-to-consumer testing**, commercial service without professional medical consultation
- **Pre-implantation testing** (selection during fertilization)